La Verdad (aka La Vérité)



編舞者: Guy Dubé (CAN) - May 2014

音樂: Si Te Digo La Verdad (Mambo Mix) (Gocho)



Intro: ☐32 counts before to begin the dance on lyrics.

Steps description submitted by Ateliers MG Dance

[1-8]□SIDE, TOGETHER, 2X (MAMBO SIDE), HIPS ROLLS to R

1-2	Step R to side, step L together R (more hips)
3&4	Rock side R, recover on L, step R together L
5&6	Rock side R, recover on L, step R together L
7-8	2x Hip rolls to right counterclockwise (weight on L)

[9-16]□TOUCH, TOGETHER, 2X (MAMBO BACK with TOUCH FWD), 1/4 TURN L with TOUCHES SIDE

1-2 Touch	R forward	, step R t	ogether L
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3&4	Rock back L, recover on R, touch L forward
5&6	Rock back L, recover on R, touch L forward
7-8	1/4 turn left with 2x touch R to side (9:00)

[17-24]□CROSS, 1/4 TURN R with STEP BACK, 2X SWAY, 2X KICK-BALL-SLIDE BACK

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3-4 Step R to side swaying to right, sway to left (ending weight on L)

Kick R forward, step R together L, slide flat step L back
Kick L forward, step L together R, slide flat step R back

[25-32]□KICK, TOGETHER, 1/4 TURN R with TOUCH SIDE, TOGETHER, MAMBO in 1/2 TURN R, MAMBO FWD

1-2 Kick R forward, step R together L

3-4 1/4 turn right with touch L to side, step L together R (3:00)

5&6 Rock step R forward, recover on L, 1/2 turn right and step R forward (9:00)

7&8 Rock step L forward, recover on R, step L together R

Restarts: At the 3e and 7e rotation of the dance (wall 6:00) do the first 16 counts and Restart from the beginning.

Final: At the 11th rotation on the dance (wall 6:00) do the first 14 counts and finish with:

1/4 turn right with touch R to side

1/4 turn right with touch R to side

Now you are facing the beginning wall (12:00)

Add your favorite arm move for a big finish (talam)□

REPEAT...

Contact: guydube@cowboys-quebec.com