

Just A Fool

拍數: 96 牆數: 2 級數: Intermediate waltz
編舞者: Guy Dubé (CAN) & Serge Légaré (CAN) - May 2014
音樂: Just a Fool (feat. Blake Shelton) - Christina Aguilera



INTRO: 24 counts before to begin the dance.

Steps description submitted by Ateliers MG Dance

[1-12] □ CROSS, HITCH in 1/4 TURN L, STEP FWD, HITCH IN 1/4 TURN R, CROSS-SIDE-CROSS, HOLD, HITCH in 1/2 TURN R

1-2-3 Cross step R over L, hitch L in 1/4 turn right for 2 counts
4-5-6 Step L forward, hitch R in 1/4 turn left for 2 counts
7-8-9 Cross step R over L, step L to side, cross step R over L
10-11-12 Hold, hitch L in 1/2 turn right for 2 counts

[13-24] □ BASIC WALTZ FWD, GIANT STEP BACK, SLIDE L, FULL TURN L to L, GIANT STEP L to L, SLIDE R SLOWLY toward L

1-2-3 Step L forward, ball R together L, ball L on place
4-5-6 Giant step R back, slide L toward R for 2 counts
7-8-9 1/4 turn left and step L forward, 1/2 turn left and step R back, 1/4 turn left slide step left
10-11-12 Ending slide with giant step L to side, slide slowly step R toward L for 2 counts

RESTART : At the 2nd rotation of the dance, after the first 24 counts, restart the dance from the beginning.

[25-36] □ CROSS, ROND DE JAMBE in 1/4 TURN R, CROSS, ROND DE JAMBE in 1/4 TURN L, WEAVE to L, 1/4 TURN L & STEP FWD, ROND DE JAMBE R in 1/2 TURN L

1-2-3 Cross step R over L, let slide toe L to outside in turning 1/4 turn right for 2 counts
4-5-6 Cross Step L over R, let slide toe R to outside in turning 1/4 turn left for 2 counts
7-8-9 Cross step R over L, step L to side lightly forward, cross step R behind L
10-11-12 1/4 turn left and step L forward, let slide toe R to outside in turning 1/2 turn left

[37-48] □ TWINKLE, TWINKLE in 1/4 TURN L, GIANT STEP BACK, SLIDE L, STEP FWD, FULL TURN L

1-2-3 Cross step R over L, ball L to side, ball R together L in turning lightly diagonally to right
4-5-6 Cross step L over R, 1/4 turn left and ball R back, ball L together R
7-8-9 Giant step R back, slide toe L toward R for 2 counts
10-11-12 Step L forward, ball R together L in 1/2 turn left, ball L on place in 1/2 turn left

[49-60] □ CROSS, STEP L FWD (DEVELOPÉ), STEP BACK, LUNGE R BACK, TWINKLE BACK, TWINKLE BACK

1-2-3 Cross R lightly over L diagonally to left, hitch knee L, extend leg L and foot L forward
4-5-6 Step L back diagonally to right, slide toe R back in half circle slowly for 2 counts (ending touch side)
7-8-9 Cross step R behind L, ball L to side, ball R on place
10-11-12 Cross step L behind R, ball R to side, ball L on place
(Do the counts 7 to 12 in lightly progression back)

[61-72] □ GIANT STEP BACK, SLIDE L toward R, STEP FWD, PIVOT 1/2 TURN with WALTZ STEPS, GIANT STEP BACK, SLIDE R toward L, STEP FWD, ROND DE JAMBE R in 1/4 TURN L

1-2-3 Giant step R back, slide toe L slowly toward R for 2 counts
4-5-6 Step L forward, pivot 1/2 turn left and ball R together L, ball L on place
7-8-9 Giant step R back, slide toe L slowly toward R for 2 counts
10-11-12 Step L forward, let slide toe R to outside in turning 1/4 turn left for 2 counts

[73-84] □ TWINKLE, TWINKLE, WEAVE, DIAGONALY GIANT STEP BACK in 1/4 TURN R, SLIDE R with

LEG in EXTENSION

- 1-2-3 Cross step R over L, ball L to side, ball R together L in turning lightly in diagonaly to right
4-5-6 Cross step L over R, ball R to side, ball L together R in turning lightly in diagonaly to left
7-8-9 Cross step R over L, step L to side, cross step R behind R
10-11-12 Giant step L back in 1/4 turn right, slide slowly toe R let leg R in extension for 2 counts

RESTART : At the 4th rotation of the dance (included the restart after 24 counts), do the first 84 counts and restart the dance from the beginning.

[85-96] □ GIANT STEP BACK, SLIDE with LEG in EXTENSION, CROSS, ROND DE JAMBE CROSS, ROND DE JAMBE, STEP, 1/2 TURN L with ROND DE JAMBE R □

- 1-2-3 Giant step R back, slide slowly toe L let leg L in extension for 2 counts
4-5-6 Cross step L over R diagonaly to right, let slide toe R in half circle to outside toward L for 2 counts
7-8-9 Cross step R over L diagonaly to left, let slide toe L in half circle to outside toward R for 2 counts
10-11-12 Step L forward, 1/2 turn left in let slide toe R in half circle to outside for 2 counts

REPEAT...

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