

Young in America

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Carrie Ann Green (ES) & Julie Lockton (ES) - May 2014
音樂: Young In America - Danielle Bradbery



Count in: 18 Seconds on vocals (No Tags Or Restarts)

ROCK & CROSS, HEEL BALL CROSS, ROCK RECOVER, BEHIND SIDE FRONT

1&2 Rock right to right side, recover onto left
3&4 Cross right over left, left heel forward, step back on left ball, cross right over left
5-6 Rock left to left side, recover onto right
7&8 Step left behind, step right to right side, step right over left

RIGHT CHASSE, HEEL, TOE, HEEL, BACK LOCK STEP, ROCK RECOVER ¼ TURN, STOMP

1&2 Step right foot to side, close left foot next to right, make ¼ turn right stepping forward on right (3.00)
3&4 Place left heel forward, point left toes back, place left heel forward
5&6 Step back on left, cross right across left, step back on left
7&8 Rock back on right, recover onto left, making ¼ turn to 06:00, stomp right next to left

TOE HEEL STOMP, TOE HEEL STOMP, BIG STEP & DRAG, TOUCH, KICK BALL CROSS

1& Touch left toe in towards right instep turning knee in, touch left heel in towards instep turning knee out
2 stomp forward on left
3& Touch right toe in towards left instep turning knee in, touch right heel in towards instep turning knee out
4 Stomp forward on right
5-6 Take a big step to left, dragging right, touch right to left
7&8 Kick right forward, step back onto right, cross left over right

BOUNCE & BOUNCE ½ TURN, STEP BACK R,L, APPLE JACK (OR HEEL FANS), WALK FWD R,L

1&2 Bounce heels up & down making ½ turn to 12:00
3-4 Step back on right, step left next to right
5&6& Apple jack (left toes left first) or easier alternative R heel fan L heel fan
7-8 Walk forward right, walk forward left

HEEL GRIND, BALL CROSS, ¼, L COASTER STEP, TOUCH R BACK UNWIND ½

1-2 Right heel grind across left travelling to left side, Step left to left side
&3-4 Step right next to left, Cross left over right, ¼ left stepping back right (09:00)
5&6 Step back on Left. Step Right beside Left. Step forward on Left (Coaster)
7-8 Touch right behind left, Unwind ½ right (weight on right) (03:00)

LEFT RUMBA BOX, BUMP HIPS L,R,L, KICK, STOMP, STOMP

1&2 Step left to left side, step right to left, step left forward
3&4 Step right to right side, step left to right, step back on right
5&6 Hips bumps left, right, left
7&8 kick right forward, stomp down on right, stomp left next to right

Contact: cbaholiday@gmail.com