

# The Fox

拍數: 96      牆數: 2      級數: Phrased Intermediate  
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音樂: The Fox (What Does the Fox Say?) - Ylvis



Intro: 18 Count - Sequence: A,A(30),B,C,Tag(2),A,A,A(30),B,C,A,A,A

## Section A (32 count)

### (1-8)Rock R, Right Shuffle , Pivot 1/2 turn R, Left Shuffle

1-2            Rock R to R side(1), Recover on left(2)  
3 & 4         Step R forward(3), Step L behind R(&),Step R forward(4)  
5-6           Step L forward (5), Pivot 1/2 turn R(6)  
7 & 8         Step Lforward (7), Step R behind R(&),Step Lforward(8)

### (9-16 ) Rock R forward, Coaster step, Rock L forward, 1/4 Turn L, L chasse

1-2            Rock forward on Right(1), Recover on left(2)  
3&4          Step R back(3), Step L together(&),Step R forward(4)  
5-6           Rock forward on Left(5), Recover on Right(6)  
7&8          1/4Turn L Stepping L to L(7), R next to L(&),step L to L(8)

### (17-24)Step R cross L,Recover, Step L cross R,Rock Back, Pivot 1/2 turn R

1-2&         Step R cross L(1), Recover on L(2), Step R next to L ( & )  
3-4           Step L cross R(3), Step R to R(4)  
5-6           Rock back on L(5), Recover on R(6)  
7-8           Step L forward(7), Pivot 1/2 turn R(8)

### (25-32)Cross shuffle,Kick ball change, 1/4 Turn L

1&2          Step L cross R(1), Step R behind L(&), Step L cross R(2)  
3-4           Step R to R(3), Step L next to R(4)  
5&6          Kick R forward(5), Stepdowon R(&), Step L forward(6)

### (Here are 2 Restarts: on walls 2,5)

7-8           1/4 Turn L stepping R to R(7), Step L next to R(8)

## Section B(32count)

### (Finish the section A, then 1/4 turn L start section B)

#### (1-8)Jump slightly toe touching

1&2&         Jump R slightly forward (1), Step L toe touch behind to R(&)(Jump twice—2&)  
3-4           Step R slightly forward(3), Step L toe touch behind to R(4)  
5&6&         Jump L slightly forward(5), Step R toe touch behind to L (&)(jump twice—6&)  
7-8           Step L slightly forward(7), Step R toe touch behind to L(8)

#### (9-16) Jump slightly toe touching R ,L ,Bump hip

1&2&         Jump R slightly forward(1), Step L touch behind to R(&),Jump L slightly forward(2), Step  
Rtouch behind to L(&)  
3&4&         Jump R slightly forward(3), Step L touch behind to R(&), Jump L slightly forward(4), Step  
Rtouch behind to L(&)  
5&6&7&8      Bump hipR to L 3 times

#### (17-32) Do the same action like 1-16

## Section C(32 count)

### (1-8) step side, toe touch

1-2            Step R to R(1), touchL nextto R(2)

3-4 Step R to R(3), touchL nextto R(4)

5-6 Step L to L(5), touchRnextto L(6)

7-8 Step L to L(7), touchRnextto L(8)

**(When do these 8counts,your body must going downand up)**

**(9-16) Rock, Coaster step, Rock, Back shuffle**

1-2 Rock forward on Right(1), recover on leftback(2)

3&4 Step R back(3), Step L together(&),Step R forward(4)

5-6 Rock L forward(5), Recover on R back(6)

7&8 Step Lback(7), step RlockL(&),step Lback(8)

**(17-32) Dothe same action like 1-16**

**Tag: (2 count)**

1-2 Rock R to R, Recover on L

**(After wall 1,finish section C, add one tag.)**

**Restart: After 30 countfor section A on wall 2,5**

**Start Over-Have Fun & Enjoy the Dance**

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