

This Could Be The One

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Leonard Hage (NL) - May 2014
音樂: This Could Be the One - Flaco Jimenez : (CD: Sleepy Town)



Start: 8 Count intro

SIDE, TOGETHER, R SHUFFLE FORWARD, STEP, 1/2 PIVOT LEFT, STEP, 1/4 PIVOT LEFT

1 - 2 Step R to right side, step L beside R
3&4 Right shuffle forward stepping R-L-R
5 - 6 Step forward Left, 1/2 pivot turn right (6.00)
7 - 8 Step forward Left, 1/4 pivot turn right (9.00)

CROSS, SIDE STEP R, BACK ROCK, RECOVER, SIDE STEP L, TOGETHER, CHASSE 1/4 TURN LEFT

1 - 2 Cross step L over R, step R to right side
3 - 4 L rock back behind R, recover weight on R
5 - 6 Step L to left side, close R beside L
7&8 Step L to left side, close R beside L, 1/4 turn left stepping forward on L (6.00)

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, CHASSE 1/4 TURN LEFT

1 - 2 Rock R forward, recover weight on L
3&4 Step back on R, step L next to R, step forward on R
5 - 6 Rock L forward, recover weight on R
7&8 Make 1/4 turn left stepping L to left side, close R beside L, step L to left side (9.00)

CROSS, STEP BACK, HEEL GRIND 1/4 RIGHT, ROCKING CHAIR

1 - 2 Cross R over L, step L back
3 - 4 Turn on R heel 1/4 turn right, step L down (6.00)
5 - 8 Rock R back, recover weight on L, rock R forward, recover weight on L

TOUCH BACK, 1/2 TURN RIGHT, STEP, 1/4 PIVOT RIGHT, CROSS SHUFFLE, SIDE, TOUCH

1 - 2 Touch R back, make 1/2 turn R (12.00)
3 - 4 Step L forward, pivot 1/4 turn right (3.00)
5&6 Step L across R, step R to right side, step L across R
7 - 8 Step R to right side, touch L beside R

SIDE, CROSS, 1/4 TURN LEFT, STEP, 1/4 PIVOT LEFT, CROSS, SIDE, TOUCH

1 - 2 Step L to left side, cross R behind L
3 1/4 turn left step L forward (12.00)
4 - 5 Step forward on R, pivot 1/4 turn left (9.00)
6 - 8 Cross R over L, step L to left side, touch R beside L

SIDE, TOGETHER, RIGHT SCISSOR CROSS, POINT, 1/4 TURN LEFT, RIGHT SHUFFLE FORWARD

1 - 2 Step R to right side, step L next to R
3&4 Step R to right side, step L next to R, cross step R over L
5 - 6 Point L to left side, turn 1/4 left step L next to R (6.00)
7&8 Right shuffle forward R-L-R

ROCK, RECOVER, BACK, CROSS, BACK, BACK, SAILOR 1/4 TURN LEFT

1 - 2 Rock forward L, recover weight on R
3 - 4 Step back L, cross R over L
5 - 6 Step back L, step R back

7&8 Cross L behind R 1/4 turn left, step R next to L, step L forward (3.00)

START AGAIN

ENDING: Dance ends during wall 5, dance to count 3 of section 6 to face front wall.

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