

Poi E

拍數: 32 牆數: 4
編舞者: Terry Rauhihi (NZ) - May 2014
音樂: Poi E - Patea Maori Club

級數: Easy Intermediate



Intro: 4 Counts (Approximately), Starts When Group Sings Word 'Taku'.

CROSS – POINT, CROSS – POINT, WALK FORWARD RIGHT – LEFT, SHUFFLE

1 – 2 – 3 – 4 Cross Right Over Left, Point Left To Side, Cross Left Over Right, Point Right To Side
5 – 6 – 7 & 8 Walk Forward Right – Left, Shuffle Forward Stepping Right (7) – Left (&) – Right (8)

CROSS ROCK, SHUFFLE ¼ TURN, TOE STRUT ½ TURN, TOE STRUT ½ TURN

1 – 2 – 3 & 4 Rock Left Over Right, Recover Onto Right, Making ¼ Turn Left Shuffle Forward Stepping Left
(7) – Right (&) – Left (8)
5 – 6 – 7 – 8 Making ½ Turn Left Touch Right Toe Back, Drop Heel, Making ½ Turn Left Touch Left Toe
Forward, Drop Heel (9 O'Clock)

ROCKING CHAIR, ½ MONTEREY

1 – 2 – 3 – 4 Rock Forward On Right, Recover Onto Left, Rock Back On Right, Recover Onto Left
5 – 6 – 7 – 8 Point Right To Side, Making ½ Turn Right Close Right Beside Left, Point Left To Side, Close
Left Beside Right

SHUFFLE, SHUFFLE, ROCKING CHAIR

1 & 2 Shuffle Forward Stepping Right (1) – Left (&) – Right (2)
3 & 4 Shuffle Forward Stepping Left (3) – Right (&) – Left (4)
5 – 6 – 7 – 8 Rock Forward On Right, Recover Onto Left, Rock Back On Right, Recover Onto Left (3
O'Clock)

REPEAT

TAG 1: On Completion Of Wall 1 (Facing 3 O'Clock) There Is A 2 Count Tag

WALK FORWARD RIGHT – LEFT

1 – 2 Walk Forward Right – Left

TAG 2: On Completion Of Wall 2 & Wall 6 (Facing 6 O'Clock) There Is A 4 Count Tag

½ PIVOT, ½ PIVOT

1 – 2 – 3 – 4 Step Forward On Right, ½ Pivot Left, Step Forward On Right, ½ Pivot Left

TAG 3: On Completion Of Wall 4 (Facing 12 O'Clock) There Is A 12 Count Tag

STEP – LOCK – STEP – SCUFF, STEP – LOCK – STEP – SCUFF

1 – 2 – 3 – 4 Step Forward On Right, Lock Left Behind Right, Step Forward On Right, Scuff Left
5 – 6 – 7 – 8 Step Forward On Left, Lock Right Behind Left, Step Forward On Left, Scuff Right

½ PIVOT, ½ PIVOT

1 – 2 – 3 – 4 Step Forward On Right, ½ Pivot Left, Step Forward On Right, ½ Pivot Left

TAG 4: On Completion Of Wall 5 (Facing 3 O'Clock) There Is A 6 Count Tag

WALK FORWARD RIGHT – LEFT, ½ PIVOT, ½ PIVOT

1 – 2 – 3 – 4 Walk Forward Right – Left, Step Forward On Right, ½ Pivot Left
5 – 6 Step Forward On Right, ½ Pivot Left

TAG 5 & RESTART: On Wall 10 After 1st 8 Counts (Facing 3 O'Clock) There Is A 2 Count Tag Followed By A Restart (This Now Becomes Wall 11)

1 & 2 Shuffle Forward Stepping Left (1) – Right (&) – Left (2)

Last Update - 31st May 2014
