

The REAL Thing

COPPER KNOB
STEPSHEETS

拍數: 112 牆數: 4
編舞者: Miss America - May 2014
音樂: Cola Song – Inna

級數: Phrased Intermediate



Dance Phrases ABC, ABC, A and first 16 counts of B,
B, TAG (wall 3 facing the front), C, C to the end

DO NOT BE PUT OFF BY THE COUNT – once you have heard the music you will get used to it.
It is a REAL fun dance with lots of attitude and latino styling. Perfect for hot summer dance nights ;-)

PART A - VERSE - 48 counts

FORWARD OUT, OUT, BACK OUT OUT, SHAKE, SHAKE, SHAKE, HITCH

- 1-2 Step forward on left (out) Step forward on right (out)
- 3-4 Step back on left (out) Step back on right (keeping weight on right)
- 5-6 Bump hip to right. Bump hip to right
- 7-8 Bump hip to right. Hitch left leg up to right

LEFT SIDE CHASSE, ROCK BACK, CHUG CHUG CHUG CHUG (TURNING 1/2TURN LEFT)

- 9&10 Step left to left side. Close right next to left. Step left
- 11-12 Rock back on right. Recover on left.
- 13-14 Point right to right side, point right to right side
- 15-16 Point right to right side, point right to right side

CROSS POINT, CROSS POINT, JAZZ BOX, STEP CROSS

- 17-18 Cross right over left. Point left to left side
- 19-20 Cross left over right. Point right to right side
- 21-22 Cross right over left. Step on left
- 23-24 Step on right. Cross left over right

STEP CROSS, STEP CROSS STEP, (or SIDE CHASSE RIGHT) SWAY SWAY, SWAY, HOLD

- 25-26 Step right to right side. Cross left over right
- 27&28 Step right to right side. Cross left over right. Step right
- 29-30 Sway hips, left. Sway hips right
- 31-32 Sway hips left. Hold.

ROCK FORWARD, RIGHT SHUFFLE BACK, ROCK BACK, LEFT SHUFFLE FORWARD

- 33-34 Rock forward on right. Recover on left
- 35&36 Step back right, bring left back next to right. Step back right
- 37-38 Rock back on left. Recover on right
- 39&40 Step forward left, bring right next to left. Step forward left

SIDE CHASSE, ROCK BACK, SIDE CHASSE, SAILOR STEP

- 41&42 Step right to right side. Step left next to right. Step right
- 43-44 Rock back on left. Recover on right
- 45&46 Step left to left side. Step right next to left. Step left.
- 47&48 Step right behind left. Step left. Step on right

PART B - CHORUS - 32 counts

ROCK, RECOVER, SIDE CHASSE (CHA-CHA-CHA)

- 1-2 Cross/rock left over right, recover onto right
- 3&4 Step left in place, step right in place, step left in place
- 5-6 Cross/rock right over left, recover on to the left

7&8 Step right in place, step left in place, step right in place

CROSSING WEAVE RIGHT, FLICK . STAMP, HEEL CLICKS/SPANISH ARMS

9-10 Cross left over right, step right to side
11-12 Cross left behind right, step right to side
13-14 Flick right leg up (raising arms) Stamp right foot down
15-16 Click heels together – raise arms above head (Pasa Doble style)

ROCK, RECOVER, SIDE CHASSE (CHA-CHA-CHA)

17-18 Cross/rock left over right, recover onto right
19&20 Step left in place, step right in place, step left in place
21-22 Cross/rock right over left, recover on to the left
23&24 Step right in place, step left in place, step right in place

CROSSING WEAVE RIGHT, FLICK . STAMP, HEEL CLICKS/SPANISH ARMS

25-26 Cross left over right, step right to side
27-28 Cross left behind right, step right to side
29-30 Flick right leg up (raising arms) Stamp right foot down
31-32 Click heels together – raise arms above head (Pasa Doble style)

PART C - INSTRUMENTAL - 32 counts

CROSS ROCKS, SAILOR STEPS (TRAVELLING BACKWARDS)

1&2 Cross rock right over left. Recover on left. Step right
3&4 Cross rock left over right. Recover on right. Step left
5&6 Step right behind left. Step left. Step right to right side
7&8 Step left behind right. Step right. Step left to left side

MAMBO ROCKS, PRISSY WALKS x4

9&10 Rock forward on right. Recover on left. Step right next to left
11&12 Rock back on left. Recover on right.. Step left next to right.
13-14 Step right over left. Step left over right – with attitude (hands on hips)
15-16 Step right over left. . Step left over right – with attitude (hands on hips)

TRAVELLING KICK BALL CHANGE X 2, APPLEJACKS/TWIST HEELS

17&18 Kick right foot out. Step on ball of right. Step on left (travelling right)
19&20 Kick right foot out. Step on ball of right. Step on left (travelling right)
21&22 Twist heels right. Twist toes right . Twist heels right
23&24 Twist heels left. Twist toes left. Twist heels left

HEEL JACKS, KICK, UNWIND , HIP BUMP, HOLD

& 25 Jump back on right foot. Point left heel out
& 26 Bring left foot in place. Point right heel out
&27-28 Bring right foot in place. Kick left foot out
29-30 Cross left over right Unwind ¼ turn right
31-32 Right Hip Bump. Hold (splaying hands out)

TAG: End of the 3rd Wall Hold for 12 counts doing anything you like with attitude...shaking, twerking, twirling on the spot.

THE END

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