

Sing

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Maria Maag (DK) - May 2014
音樂: Sing - Ed Sheeran : (Deluxe Edition)



Intro: 16 counts from first beat

Ending: Wall 14, when you do the last 2 counts of the dance (samba step)

(Just make the samba step 1/2 L to finish of the dance to 12 O`Clock)

[1 – 8]□Cross side sailor ¼ R, toe strut L with hip bump, kick ball cross□

1-2 Cross R over L (1), step L to side (2)□12:00
3&4 Cross R behind L (3), turn ¼ R stepping L to side (&), step R fw.(4)□03:00
5&6 Touch L fw. With hip bump fw. L (5), recover R (&), step fw. L (6)□03:00
7&8 Kick R fw. (7), step down R (&), cross L over R (8)□03:00

[9 – 16]□Side step R with hip roll R touch L, hold ball cross R, side rock L recover R, behind side cross□

1-2 Step R to side and do a hip roll from L backwards and to the R (1), touch L to L (2)□03:00
3&4 Hold (3), step L next to R (&), cross R over L (4)□03:00
5-6 Step L to L and hip bump L (5), recover R (6)□03:00
7&8 Cross L behind R (7), step R to side (&), cross L over R (8)□03:00

[17 – 24]□Step R ¼ R step L, back rock step side R, heel swivel L, R, L hitch R□

1-2 Step R to side (1), turn ¼ R stepping L to side (2)□06:00
3&4 Rock R behind L (3), recover L (&), step R to side (4)□06:00
5&6& Swivel L heel R (5), recover L heel to center (&), swivel R heel L (6), recover R heel to center (&)□06:00
7&8 Swivel L heel R (7), recover L heel to center (&), hitch R (8)□06:00

[25 – 32]□Hip bump fw. R back L, shuffle fw. R, step ¼ R, samba L□

1-2 Touch fw. R with hip bump fw. R (1), recover L (2)□06:00
3&4 Step fw. R (3), step L next to R (&), step fw. R (4)□06:00
5-6 Step fw. L (5), turn ¼ R stepping down R (6)□09:00
7&8 Cross L over R (7), rock R to side (&), recover R (8)□09:00

Enjoy...:-)

Contact: maria.maag.dk@gmail.com