

Footsteps

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: M. Vasquez (UK) - May 2014
音樂: Footsteps of Our Fathers - Pat Green



Dance starts on the word 'Walking'.

Section 1: Heel Touch, Toe Touch, Cross Behind and Touch, Cross Front and Touch, Cross, Step Back

1-2 Touch R heel forward, touch R toe back
3-4 Cross R behind L, touch L toe to L side
5-6 Cross L in front of R, touch R to toe to R side
7-8 Cross R over L, step back on L

Section 2: R Shuffle Forward, Step Forward and ¼ Turn, ¼ Turn and Step Forward, Corner Turn

1&2 Step R foot forward, step L next to R, step R foot forward
3 Step L foot forward as you ¼ turn R (facing 3 o'clock)
4 Turn ¼ R stepping forward onto R foot,
5-6 Step L foot forward, step R foot to R as you ¼ turn L
7-8 Step back on L foot as you ¼ turn L, step forward on R foot

Section 3: L Shuffle Forward, Rock Forward and Recover, R 1/2 Monterey Turn

1&2 Step forward on L foot, step R next to L, step forward on L foot
3-4 Rock forward on R foot, recover back on L
5-6 Touch R foot to R side keeping weight on L foot, turn ½ turn R and step R foot next to L taking the weight on R foot
7-8 Touch L foot to L side, Step L foot beside R with weight on L foot

Section 4: ¼ Turn and Step, Point, Step, Cross, L Back Shuffle, Side Step, Forward Step

1-2 Turn ¼ turn R and step forward on R foot, point L foot to L side
3-4 Step forward on L foot, cross R foot over L
5&6 Step back on L foot, step R next to L, step back on L foot
7-8 Step R foot to R side, step forward on L

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