

Damn My Pride

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: John Warnars (NL) - May 2014
音樂: For Reasons I've Forgotten - Trisha Yearwood



Alt. Music□: Jamie O'Hara – For Reasons I've Forgotten

Intro 16 counts, the dance started on the word "Reasons"!

2 x DOROTHY STEPS (fwd), STEP (fwd), 1/8 R CROSS STEP, 1/8 R STEP (back), 1/8 TURN R SIDE SHUFFLE;

- 1 LF□step diagonal left forwards (10:30)
- 2 RF□cross step RF behind LF (lock)
- &
- 3 LF□step diagonal left forwards
- 4 RF□step diagonal right forwards (01:30)
- 5 LF□cross step LF behind RF
- &
- 6 RF□step diagonal right forwards
- 7 LF□step diagonal left forwards (10:30)
- 8 RF□1/8 turn right, cross RF over LF (12)
- 9 LF□1/8 turn right, step backwards (1:30)
- 10 RF□1/8 turn right, step to right side (3)
- 11 LF□step next RF
- 12 RF□step to right side

CROSS ROCK (push), RECOVER, L SIDE SHUFFLE, CROSS, SIDE, SWEEP into 1/4 R COASTER CROSS;

- 2 LF□cross rock LF over RF (push)
- 3 RF□weight back on RF
- 4 LF□step to left side
- &
- 5 RF□step next LF
- 6 LF□step to left side
- 7 RF□cross step RF over LF
- 8 LF□step to left side
- 9 RF□1/4 turn right sweep, step backwards (6)
- 10 LF□step next RF
- 11 RF□cross step RF over LF

L SIDE ROCK (lunge), RECOVER, L CROSS SHUFFLE, R SIDE ROCK, RECOVER, R SAILOR STEP;

- 2 LF□rock to left side (lunge)
- 3 RF□weight back on RF
- 4 LF□cross step LF over RF
- &
- 5 RF□step to right side
- 6 LF□cross step LF over RF
- 7 RF□rock to right side
- 8 LF□weight back on LF
- 9 RF□cross step RF behind LF
- 10 LF□step to left side
- 11 RF□step to right side

CROSS ROCK (back), RECOVER, 1/4 R LOCK STEP (back), TOUCH (back), 1/2 UNWIND R, STEP (fwd) & CLOSE (RF next LF);

- 2 LF□cross rock LF behind RF
- 3 RF□weight back on RF

- 4 LF □ ¼ turn right, step backwards (9)
- & RF □ RF step across LF (lock)
- 5 LF □ step backwards
- 6 RF □ tap with toes backwards
- 7 LF+RF ½ turn right (3) (weight on RF)
- 8 LF □ step forwards
- & RF step next LF

- 1 LF □ start again (step diagonal left forwards)

**Tag end wall 2;
JAZZ BOX,**

- 1 LF □ cross step LF over RF
- 2 RF □ step backwards
- 3 LF □ step to left side
- 4 RF □ step forwards

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