

# Breaking Free

COPPER KNOB  
STEPSHEETS

拍數: 72      牆數: 4  
編舞者: Larry Schmidt (USA) - April 2014  
音樂: Let Me Go by Avril Lavigne

級數: Intermediate waltz



48 beat intro. Start on lyrics

**[1-6] □ STEP, ¼ SWEEP, ROCK FORWARD,**

1-3            Step left foot forward, Sweep right forward for 2 counts making ¼ turn left keeping wt. on left, (9:00)

4-6            Rock forward onto right, hold 2 counts.

**[7-12] □ RECOVER w/ SWEEP, BEHIND, ¼ TURN, STEP**

1-3            Recover weight to left, sweep right foot behind left for 2 counts, keeping wt. on left

4-6            Step right behind left, Turn ¼ left stepping forward onto left, Step right foot forward. (6:00)

**[13-18] □ STEP, ¼ SWEEP, CROSS, BACK, SIDE**

1-3            Step left foot forward, Sweep right forward for 2 counts making ¼ turn left keeping wt. on left, (3:00)

4-6            Step right across left, Step left foot back, Step right foot right.

**[19-24] □ STEP, SWEEP, CROSS, SIDE, BEHIND**

1-3            Step left foot forward, Sweep right foot from back to front for 2 counts,

4-6            Step right across left, Step left foot left, Step right foot behind left.

**[25-30] □ SIDE, DRAG, HOLD, RIGHT SAILOR STEP**

1-3            Step left foot left, Drag right toward left for 2 counts,

4-6            Step right behind left, Step left foot left, Step right foot right.

**[31-36] □ STEP BACK, SWEEP, SAILOR ¼ CROSS**

1-3            Step left foot behind right, Sweep right from front to back for 2 counts

4-6            Step right behind left, Turn ¼ right stepping onto left, Step right across left. (6:00)

**[37-42] □ ¼ FORWARD ROCK, ½ TURNING TRIPLE**

1-3            Turn ¼ left rocking onto left foot and hold for 2 counts (3:00),

4-6            Recover turning ¼ right onto right, Step left next to right, Turn ¼ right stepping forward onto right (9:00)

**[42-48] □ STEP, FULL SPIRAL, TRIPLE FORWARD**

1-3            Step left foot forward, Spiral full turn right for 2 counts (9:00),

4-6            Step right foot forward, Step left next to right, step right foot forward.

**[49-54] □ FORWARD ROCK, BACK, TURN ¼ LEFT, CROSS**

1-3            Rock forward onto left and hold for 2 counts,

4-6            Step back onto right, Turn ¼ left stepping onto left, Step right across left (6:00)

**[55-60] □ ¼ TURN ROCK, BACK, TURN ¼ LEFT, CROSS**

1-3            Turn ¼ left rocking forward onto left and hold for 2 counts (3:00)

4-6            Step back onto right, Turn ¼ left stepping onto left, Step right across left (12:00)

**[61-66] □ FORWARD w DRAG, ¼ TURN LEFT w/ BACK DRAG**

1-3            Turn ¼ left stepping forward onto left, Drag right toward left for 2 counts (9:00)

4-6            Turn ¼ left stepping back onto right, Drag left toward right for 2 counts. (6:00)

**[67-72] □ TRIPLE w/1/4 TURN, CROSS ROCK, RECOVER, SIDE**

1-3 Turn ¼ left stepping forward onto left, Step right next to left, Step left foot left, (3:00)

4-6 Rock right foot across left, Recover weight to left, Step right foot right.

**REPEAT**

**TAG: □ After wall 5 (you will be facing 3:00, add 6 counts: Step left forward, sweeping right forward For 2 counts, Step right forward sweeping left for 2 counts, Then Restart the dance.**

**Toward the end of the song the music fades away to nothing, making you think the song is over. It's not. You end the dance there if you want to.**

**(The music actually stops then starts again and continues for a while so you can also keep dancing at the same speed to the end of the song.)**

**ENJOY !**

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