A Master and A Tigress

級數: Improver

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拍數: 32

音樂: Women are Tigresses

| Intro: 32 counts | |
|---|---|
| Section 1.[1 - 8 1-2 | B] : HEEL HOOK X2 - FORWARD – LOCK – FORWARD - TOGETHER. Point R heel diagonal R - Hook RF cross over LF (Hitch R knee in front L knee but RF cross over) |
| 3-4 | Point R heel diagonal R - Flick RF (hook RF behind) |
| 5-6 | Step RF forward - Lock LF behind RF |
| 7-8 | Step RF forward - Step LF together with RF |
| (Bend both knees slightly and put hands together, palm to palm, as if in a prayer) | |
| Section 2.[9 - 16]: SWIVELS. X4 | |
| 1-2 | On ball of RF and heel of LF twist both feet to L (body turning accordingly) - Return to previous position |
| 3-4 | On ball of LF and heel of RF twist both feet to R (body turning accordingly) - Return to previous position |
| 5-6 | On ball of RF and heel of LF twist both feet to L (body turning accordingly) - Return to previous position |
| 7-8 | On ball of LF and heel of RF twist both feet to R (body turning accordingly) - Return to previous position |
| (5-8 is a repeat of 1-4) | |
| Section 3.[17 - 24] : COASTER STEP – SCISSORS WITH 1/4 TURN - SIDE MAMBO X2 1&2 Step RF back - Step LF beside RF - Step RF forward | |
| 3&4 | Step LF to L - Step RF beside LF - Turn R 1/4(3:00) Step RF forward |
| 5&6 | Rock RF to R - Recover onto LF - Step RF next to LF |
| 7&8 | Rock LF to L - Recover onto RF - Step LF next to RF |
| Section 4.[25 - 32]: FORWARD - TOUCH TOE – RECOVER - TURN FORWARD. X2 | |
| 1-2 - | Step RF forward - Touch LF toe behind RF |
| 3-4 | Recover onto LF - Turn R ½ (9:00) and stepping RF forward |
| 5-6 | Step LF forward - Touch RF toe behind LF |
| 7-8 | Recover onto RF - Turn L $\frac{1}{2}$ (3:00) and stepping LF forward |
| Tag 1:(8 counts) at the end of wall 1, wall 5, wall 9 (facing 3:00) at the end of wall 4, wall 8, wall 12 (facing the front wall) WEAVE – TOUCH X2 | |
| 1-2 | Step RF to R - Cross LF behind RF – |
| 3-4 | Step RF to R - Touch LF beside RF |
| 5-6 | Step LF to L - Cross RF behind LF – |
| 7-8 | Step LF to L - Touch RF beside LF |
| Tag 2: (16 counts) at the end of wall 2, wall 6, wall 10 (facing 6:00) Section 1.[1 - 8] ROCKING CHAIR - ROCK – RECOVER – CHA CHA CHA | |
| 1-2 | Rock RF forward - Recover onto LF |
| 3-4 | Rock RF behind - Recover onto LF |
| 5-6 | Rock RF to R - Recover onto LF |

- 5-6 Rock RF to R Recover onto LF
- 7&8 Cha Cha Cha on the spot(RLR)





Section 2.[9 - 16] ROCKING CHAIR - ROCK - RECOVER - CHA CHA CHA

- 1-2 Rock LF forward Recover onto RF
- 3-4 Rock LF behind Recover onto RF
- 5-6 Rock LF to L Recover onto RF
- 7&8 Cha Cha Cha on the spot(LRL)

Have Fun & Happy Dancing!

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