

# Trouble Is "ME"

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Val O'Connor (UK) - May 2014  
音樂: Trouble Is - Hayden Panettiere : (Album: Nashville - 2.34 mins)



## INTRO: 16 COUNTS

### STEP FORWARD R, TAP L, BACK L, KICK R, R COASTER, L SHUFFLE, STEP TURN STEP

1&2&      Step forward on R, tap L behind R, step back on L, kick R forward  
3&4      Step back on R, step L next to R, step forward on R  
5&6      Step forward on L, step R next to L, step forward on L  
7&8      Step forward on R, turn ½ L stepping forward on L, step forward on R ( 6 o clock )

### FULL TURN R, L FORWARD MAMBO HITCH, BACK R HITCH L, BACK L HITCH R, R COASTER CROSS

1-2      Turn ½ R stepping back on L, turn ½ R stepping forward on R  
3&4      Rock forward on L, recover weight onto R, step back on L at the same time hitch R  
5&6&      Step back on R, hitch L, step back on L, hitch R  
7&8      Step back on R, step L next to R, cross R over L

### POINT L OUT IN OUT, ¼ HITCH, L SHUFFLE, STEP ¼ CROSS, ½ RIGHT

1&2&      Point L to L side, touch L next to R, point L to L side, turn ¼ L on ball of R hitching L across R ( 3 o clock )  
3&4      Step forward on L, step R next to L, step forward on L  
5&6      Step forward on R, turn ¼ L stepping L to L side, cross step R over L ( 12 o clock )  
7-8      Turn ¼ R stepping back on L, turn ¼ R stepping R to R side ( 6 o clock )

### L CROSS ROCK, & R CROSS ROCK, & CROSS L, BACK R, SIDE L, CROSS R, ¼ R STOMP R

1-2&      Cross rock L over R, recover weight onto R, step L slightly to L side  
3-4&      Cross rock R over L, recover weight onto L, step R slightly to R side  
5-6      Cross L over R, step back on R  
&7&8      Step L to L side (&), cross R over L, turn ¼ R stepping back on L (&), stomp R to R side ( 9 o clock )

### L CROSS ROCK, SIDE ROCK, BEHIND & CROSS, POINT R OUT IN OUT KICK, BEHIND & CROSS

1&2&      Cross rock L over R, recover weight on R, rock L to L side, recover weight onto R  
3&4      Cross L behind R, step R to R side, cross L over R  
5&6&      Point R to r side, touch R next to L, point R to R side, kick R to R diagonal  
7&8      Cross R behind L, step L to L side, cross R over L

### L SIDE TOGETHER ¼ L, R SIDE TOGETHER ¼ L, L SIDE TOGETHER FORWARD, R SIDE TOGETHER ¼ L

1&2      Step L to L side, step R next to L (&), turn ¼ L stepping forward onto L ( 6 o clock )  
3&4      Step R to R side, step L next to R (&), turn ¼ L stepping back on R ( 9 o clock )  
5&6      Step L to L side, step R next to L (&), step forward onto L  
7&8      Step R to R side, step L next to R (&), turn ¼ L stepping back on R ( 12 o clock )

### L BACK LOCK STEP HITCH R, R COASTER STEP, L SHUFFLE, R & L HEEL DIGS

1&2&      Step back on L, cross R over L (&), step back on L, hitch R (&)  
3&4      Step back on R, step L next to R (&), step forward onto R  
5&6      Step forward onto L, step R next to L, step forward onto L  
7&8&      Dig R heel forward, step down on R (&), dig L heel forward, step down on L (&)

### R CROSS & HEEL, & L CROSS SHUFFLE, POINT R & L & R, ½ R, L NEXT TO R

1&2& Cross R over L, step back slightly on L (&), dig R heel forward, step down on R (&)  
3&4 Cross L over R, step R to R side, cross L over R  
5&6& Point R to R side, step down on R (&), point L to L side, step down on L (&)  
7&8 Point R to R side, turn ½ R stepping R to R side (&), step or stomp L next to R ( 3 o clock )

**END OF DANCE**

Tag at end of wall 1

**R SHUFFLE FORWARD, STEP FORWARD L TURN ½ R STEPPING FORWARD ONTO R**

**L SHUFFLE FORWARD, STEP FORWARD R TURN ½ L STEPPING FORWARD ONTO L**

Thank you to the rebels for music suggestion

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