

Real Friends

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Don Pascual (FR) - May 2014
音樂: A Friend In Need (Robert Mizzell)



Intro: 16 counts (from the first upbeat)

Section 1: Heel R fwd, hook R, R shuffle fwd, heel L fwd, hook L, L shuffle fwd

1-2 Touch R heel forward (R diagonal), cross R feet over L shin
3&4 Step R fwd (R diagonal), L beside R, step R fwd (R diagonal)
5-6 Touch L heel forward, (L diagonal), cross L feet over R shin
7&8 Step L forward (L diagonal), R beside L, step L forward (L diagonal)

Section 2: R rock step fwd, R shuffle ½ T right, ½ T right & L back step, R ¼ T hook, R shuffle fwd

1-2 Rock R forward, recover onto L
3&4 R ¼ T & step R to R side, L beside R, R ¼ T & step R forward
5-6 R ½ T & L back step, R ¼ T & cross R feet over L shin
7&8 Step R forward, L beside R, step R forward

Section 3: L Heel, R back toe, L side toe, R heel, R side toe, R ¼ T hook, R shuffle fwd

1&2 Touch L heel forward, L beside R, touch R toe backward
&3&4 R beside L, touch L toe to L side, L beside R, touch R heel forward
5-6 Touch R toe to R side, R ¼ T & cross R feet over L shin
7&8 Step R forward, L beside R, step R forward

Section 4: L heel grind, L coaster step, R kick ball step, step R fwd stomp L beside R

1-2 Dig L heel forward (toes pointing R diagonal), grind heel fanning toes Left & R back step
3&4 L back step (on ball of feet), R beside L (on ball of feet), step L forward
5&6 R kick forward, R beside L (on ball of feet), step L forward
7-8 Step R forward, stomp L beside R

Have fun with this dance...

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