Talk Nasty!

拍數: 48

級數: Phrased Advanced

編舞者: Debbie McLaughlin (UK) - April 2014

音樂: Nasty - Pixie Lott : (iTunes)

Count in: On Lyrics (after 16 counts) SEQUENCE: A B A A B A A TAG B A A

PART A (32 counts)

TOUCH & TOUCH & ROCK & BEHIND SWEEP, BEHIND ¼ TURN ROCK & TOGETHER

- Touch R to R side, Touch R beside L, Touch R forward, Step R beside L 1&2&
- 3&4 Rock L out to L side, Recover weight onto R, Cross L behind R and sweep R from front to back
- 56 Cross R behind L, Make 1/4 turn L stepping L forward (9 o clock)
- 7&8 Rock forward on R, Recover back onto L, Step R beside L (stick your burn out!)

WALK WALK ¼ TURN TOUCH TOGETHER SIDE, COASTER ¼ TURN & LOCK UNWIND FULL TURN

- Walk forward L. Walk forward R 12
- 3&4 Make ¹/₄ turn R and touch L to L side, Touch L beside R, Take big step to L (12 o clock)
- 5&6& Make 1/4 turn R stepping back on R, Step L beside R, Step R forward, Step L forward (3 o clock)
- 78 Lock R behind L, Unwind a full turn over R shoulder ending with weight on R

WALK WALK ROCKING CHAIR & HIP BUMP x2, 1/2 TURN HIP BUMP x2

- 12 Walk forward L. Walk forward R
- 3&4& Rock forward on L, Recover weight back onto R, Rock back on L, Recover weight forward onto R
- 56 Step L forward and bump L hip forward twice
- 78 Make ¹/₂ turn over R shoulder & transfer weight forward onto R whilst bumping R hip forward twice (9 o clock)

1/4 TURN POSE 1/4 TURN SIDE ROCK CROSS, CROSS ROCK SIDE ROCK CROSS UNWIND

- 12 Make ¼ turn L pushing L hip to L side (look over L shoulder with attitude!), Make ¼ turn R taking weight forward onto R (9 o clock)
- Rock L out to L side, Recover weight onto R, Cross L over R and sweep R around from back 3&4 to front
- 5&6& Rock R across front of L, Recover weight onto L, Rock R to R side, Recover weight onto L
- 78 Cross R over L, Unwind 1/2 turn over L shoulder ending with weight on L (3 o clock)

PART B (16 counts) *clock directions are based on starting first B facing 3 o clock*

SIDE ROCK. CROSS SHUFFLE. ROCK & CROSS 1/4 TURN 1/4 TURN

- 12 Rock R out to R side, Recover onto L
- 3&4 Cross R over L, Step L to L side, Cross R over L
- Rock L out to L side, Recover onto R, Cross L over R 5&6
- 78 Make ¼ turn L stepping back on R, Make ¼ turn L stepping L to L side (9 o clock)

CROSS SIDE BEHIND SIDE, WALK ROUND IN CIRCLE

- 12 Cross R over L, Step L to L side (bounce shoulders on these steps)
- 34 Cross R behind L, Step L to L side (bounce shoulders on these steps)
- 5678 Walk around in a full circle over your L shoulder (anti-clockwise) stepping R, L, R, L (9 o clock)

TAG: After 5th repeat of Part A, add the below 4 counts - Then continue into B



牆數: 4

OUT OUT, IN IN

- 12 Step R forward to R diagonal, Step L forward to L diagonal (3 o clock)
- 3 4 Step back on R, Step L beside R

SEQUENCE: A B A A B A A TAG B A A

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