

# Can't Stop

COPPER KNOB  
STEP SHEETS

拍數: 116      牆數: 2      級數: Phrased Intermediate  
編舞者: Tomohiro Iizuka (JP) & Jinsuk Kim (KOR) - May 2014  
音樂: Can't Stop - CNBLUE



Sequence: AA,B,CCC,Tag1,AA,B,CCC,Tag2,B'CC

## A-16 Counts (Slow)

[1-8] STEP R TO SIDE , BEHIND, SIDE, STEP L CROSS WITH SWEEP R, CROSS, 1/2 R TURN, STEP R SIDE, CROSS L & SWEEP R , CROSS R, L COASTER STEP

1,2&      Step R to right(1), Step L behind R(2), Step R to right (&  
3,4&      Step L across right with Sweep R to forward(3), Step R across left(4), Making 1/4 right turn  
Step L to back(&) (3:00)  
5,6,      Making 1/4 right turn Step R to side(5), Step L across right with Sweep R(6)(6:00)  
7&8&      Step R across left(7), Step L to back(&), Step R beside left(8), Step L to forward(&)

[9-16] STEP R, STEP L, PIVOT 1/2 R TURN, STEP L, STEP R, PIVOT 1/2 L TURN, STEP R & SWEEP L, CROSS, BACK, L BACK ROCK, RECOVER, STEP L , HITCH R

1,2&      Step R to forward(1), Step L to forward(2), Pivot 1/2 right turn(weight on R)(&  
3,4&      Step L to forward(3), Step R to forward(4), Pivot 1/2 left turn(weight on L)(&  
5,6&      Step R to forward with Sweep L to forward(5), Step L across right(6), Step R to back(&  
7&      Rock L to Back(7), Recover R(&),  
8&      Step L to forward(8), Hitch R (&)(6:00)

(option) Hitch -> Full Turn

8&      Step L to forward(8), Full turn right & Hook R (weight on L)(&)(6:00)

## B-32 Counts

[1-8] STEP R, POINT L, BACK L, POINT R, 1/4 R TURN R SAILOR STEP, FORWARD L COASTER STEP

1,2,3,4      Step R to forward(1), Point L toe to left(2), Step L to back(3), Point R toe to right(4)  
5&6,      Step R behind left(5), Step L to left(&), Making 1/4 right turn Step R to forward(6)(3:00)  
7&8      Step L to forward(7), Step R beside left(&), Step L to back(8)

[9-16] BACK RL , R COASTER STEP, MODIFIED LOCKS STEPS

1-2      Step R to Back(1), Step L to Back(2)  
3&4      Step R to back(3), Step L beside right(&), Step R to forward(4)  
5&6      Step L diagonally forward(5), Lock R behind left(&), Step L diagonally forward(6)  
&7&      Step R diagonally forward(&), Lock L behind right(7), Step R diagonally forward(&  
8      Step L to forward(8)(3:00)

(option) Back Walk X 2 -> Full R Turn to back

1,2,      Making 1/2 right turn Step R to forward(1), Making 1/2 right turn Step L to back(2)

[17-24] STEP R, POINT L, BACK L, POINT R, 1/4 R TURN R SAILOR STEP, FORWARD L COASTER STEP

1,2,3,4      Step R to forward(1), Point L toe to left(2), Step L to back(3), Point R toe to right(4)  
5&6,      Step R behind left(5), Step L to left(&), Making 1/4 right turn Step R to forward(6)(6:00)  
7&8      Step L to forward(7), Step R beside left(&), Step L to back(8)

[25-32] BACK RL , R COASTER STEP, MODIFIED LOCKS STEPS, TOUCH L, 1/2 L TURN HITCH L

1-2      Step R to Back(1), Step L to Back(2)  
3&4      Step R to back(3), Step L beside right(&), Step R to forward(4)  
5&6      Step L diagonally forward(5), Lock R behind left(&), Step L diagonally forward(6)  
&7      Step R diagonally forward(&), Touch L behind right(7),  
8      Making 1/2 left turn HITCH L (12:00)

(option) Back Walk X 2 -> Full R Turn to back

1,2,      Making 1/2 right turn Step R to forward(1), Making 1/2 right turn Step L to back(2)

### C-32 Counts

#### [1-8] BEHIND,SIDE,L CROSS SHUFFLE, 1/4 R TURN STEP R, STEP L, PIVOT 1/4 R TURN, CROSS L

- 1,2 Step L behind right(1), Step R to right(2)  
3&4 Step L across right(3),Step R to right(&),Step L across right(4)  
5,6 Making 1/4 right turn Step R to forward(5),Step L to forward(6)(3:00)  
7,8 Pivot 1/4 right turn L (weight on R)(7), Step L across right (8)(6:00)

#### [9-16]□R VINE 2 ,1/2 MONTEREY TURN R, L MAMBO STEP

- 1,2 Step R to right (1), Step L behind right(2)  
3,4 Point R toe to right(3). Turning 1/2 right Step R beside left(4)  
5,6 Point L toe to left(5). Touch L beside right(6)  
7,8 Rock L to back(7), Recover R beside left(&), Step L to forward(8)(6:00)

#### [17-24] MODIFIED DIAGONAL STEPS

- 1 .2 □Making 5/8 left turn Step R diagonally back(1),Touch L beside right(2)(4:30)  
3,4 Step L forward(3),Touch R beside left(4)  
5 .6 □Making 5/8 left turn Step R diagonally back(5),Touch L beside right(6)(10:30)  
7,8 Step L forward(7),Touch R beside left(8)

#### [25-32] BALL CHANGE CROSS L,1/2 L TURN BACK R, 1/4 L TURN SIDE L, POINT R, FULL TURN, BALL CHANGE CROSS L, R SIDE

- &1,2 Ball Change to R (&),Making 1/2 right turn Step L to forward(1)(1:30), Making 1/2 left turn Step R to back(2)(7:30)  
3,4 Making 1/4 left turn Step L to left (3), Point R toe to right(4)(4:30)  
5,6 Making 1/4 right turn Step R to forward(5), Making 1/2 right turn Step L to back(6)(1:30)  
&7,8 Making 3/8 right turn Step R to diagonally right(&), Step L across right(7), Step R to □right(8)(6:00)

#### (easy option) Full Turn-> Walk X 2

- 5,6 Step R to forward(5), Step L to forward(6)  
&7,8 Making 1/8 left turn Step R to diagonally right(&), Step L across right(7), Step R to □right(8)(6:00)

### Tag1- 4 Counts

- 1-3 Hold(weight on R)  
4 Making 1/2 left turn Step L to forward(12:00)

### Tag2- 8 Counts from (6:00) wall

- 1-7 Hold(weight on R)  
8 Making 1/2 left turn Step L to forward(12:00)

### B'-24 Counts

#### [1-8]Night Club Basic RLR, Big Step L to left, 1/4 R turn & Back Rock Recover

- 1,2& Big Step R to right(1), Rock L behind right(2), Recover R(&)  
3,4& Big Step L to left(3), Rock R behind left(4), Recover L(&)  
5,6& Big Step R to right(5), Rock L behind right(6), Recover R(&)  
7,8& Big Step L to left(3), Making 1/4 right turn Rock R to back(4), Recover L(&)(3:00)

[9-24]counts are the same as B[17-32].

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