

# Midnight Train

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Higher Improver - smooth Cha Cha  
編舞者: Pedro Machado (UK) & Ben Martin (UK) - April 2014  
音樂: Midnight Train to Georgia - Garth Brooks : (Album: Blame it All on My Roots - Box Set)



---

## Section 1: R Side, L Coaster Step, R Step Lock step, L Sweep, L Cross, R Back lock step

1            Large step right to right side  
2&3        Step left slightly back, step right next to left, step forward on left foot  
4&5        Step forward on right, lock left foot behind right, step forward on right  
6-7        "Sweep" left foot around from back to front, cross left foot over right  
8&1        Step back on right foot, cross left over right, step back on right foot

## Section 2: L Side, Point R, ½ Turn R, Quick Rock to L side, Cross rock L, Recover R, L Side Cha Cha.

2-3        Step left to left side, point right to right side (Pull weight over left shoulder)  
4            Turn half over right shoulder bringing right foot next to left taking weight on right  
&5        Rock left foot to left side, recover weight onto right foot  
6-7        Cross rock left foot over right, recover weight onto right foot  
8&1        Step left foot to left side, bring right next to left, step left foot to left side

## Section 3: Walk Forward R, Walk Forward L, ¼ Turn R Cha Cha, Step Full Turn Hook, Forward R Cha Cha

2-3        Walk forward Right, Walk forward left  
4&5        Step right foot forward ¼ turn right, step left in place, step forward right  
6-7        Step forward left, on the ball of left foot turn a full turn over right shoulder and hook right foot in front of left shin (weight remains on left with right slightly off floor)  
8&1        Step right forward, step left together, step forward on right

## Section 4: L Side Rock, Recover R, L Cross Rock and Side Rock, L Behind and Cross, Unwind ½ Turn, Hitch

2-3        Rock left foot out to left side, recover weight onto right  
4&5&        Cross rock left over right, recover weight back onto right, rock left foot to left side, recover weight back onto right (Syncopated Rocks)  
6&7        Cross left behind right, step right to right side, cross left over in front of right  
8&        Unwind ½ turn over right shoulder, lift right knee into a small hitch (ready to start the dance again)

Enjoy the dance and Smile : )

Contact: [benmartin211@gmail.com](mailto:benmartin211@gmail.com)

---