

It's On Again

COPPER KNOB
STEPSHEETS

拍數: 32

牆數: 4

級數: Intermediate / Advanced Funky
WCS



編舞者: Helena Jeppsson (SWE) - May 2014

音樂: It's On Again (feat. Kendrick Lamar) - Alicia Keys

(64 count intro approx. 0:36)

Walk x2, out, out, ball step, full turn R, back, together, side

- 1, 2 Walk forward on right, left
- &3 Step right foot out to right side, step left foot out to left side
- &4 Step right foot to center and slightly back, step left foot forward
- 5, 6 1/2 turn right putting weight on right foot, 1/2 turn right stepping back on left foot
- 7 Step back on right foot
- 8& Step left foot beside right foot, step right foot to right side

Side, hip bumps (with weight change), ball cross, 1/2 turn R, rock step

- 1 Step left foot to left side (weight on both feet)
- 2, 3 Bump hip to left putting weight on left foot, bump hip to right putting weight on right foot
- 4&5 Bump hip to left putting weight on left foot, step right foot beside left, cross left foot in front of right
- 6 1/4 turn right stepping right foot forward (3.00)
- 7 1/4 turn right stepping left foot to left side (facing 6.00)
- 8& Rock right foot behind left, recover weight onto left foot

Side, touch, hip bumps, ball step, heel lift, ball step, 1/2 turn R

- 1, 2 Step right foot to right side, touch left foot beside right
- 3&4 Touch left toe to left side bumping hip to left, bump hip to right, bump hip to left (angle body to 4.30)
- &5 Step left foot beside right, step right foot forward towards 4.30
- &6 Lift heels on both feet, put heels down weight on left foot
- &7 Step right foot beside left foot, step left foot forward towards 4.30
- 8 Make a 1/2 turn right, weight ends on right foot (now facing 10.30)

Step fwd, anchor step, coaster step, fwd, 3/8 turn R, back, together

- 1 Step forward on left foot (10.30)
- 2&3 Rock right foot behind left, recover weight onto left, step back on right foot
- 4&5 Step back on left foot, step right foot beside left, step forward on left foot
- 6, 7 Step right foot forward (10.30), make a 3/8 turn right stepping back on left foot (now facing 3.00)
- 8& Step back on right foot, step left foot beside right

Contact: hel.jeppsson@gmail.com