Big Bamboo

拍數: 32

級數: Beginner

編舞者: Guy Dubé (CAN) - May 2014

音樂: Big Bamboo - Saragossa Band

Intro: 32 counts before to begin the dance.

[1-8] 2X WALKS FWD, MAMBO STEP FWD, 2X WALKS BACK, MAMBO STEP BACK

- 1-2 Walks forward R, L
- 3&4 Rock step R forward, recover on L, step R together L

牆數: 4

- 5-6 Walks bacward L,R
- 7&8 Rock back L, recover on R, step L together R

[9-16]□ROCK SIDE with SWAY, MERENGUE STEPS, ROCK SIDE with SWAY, MERENGUE STEPS

- 1 Rock side R to R in swaying hips to R
- 2 Recover on L in swaying hips to L
- 3&4 Triple step on place R,L,R (merengue steps lightly to R)

(3&4 in swaying hips contra clock wise of each step.)

- 5 Rock side L to L in swaying hips to L
- 6 Recover on R in swaying hips to R
- 7&8 Triple step on place L,R,L (merengue steps lightly to L)

(7&8 in swaying hips contra clock wise of each step.)

[17-24]□STEP FWD, PADDLE TURN R, STEP FWD, PADDLE TURN L

- Cross step R lightly over step L
- 2 Pivot 1/4 turn to R on step R with point L to L side
- & Touch L return together R
- 3 Pivot 1/8 turn to R on step R with point L to L side
- & Touch L return together R
- 4 Pivot 1/8 turn to R on step R with point L to L side
- 5 Cross step L lightly over step R
- 6 Pivot 1/4 turn to L on step L with point R to R side
- & Touch R return together L
- 7 Pivot 1/8 turn to L on step L with point R to R side
- & Touch R return together L
- 8 Pivot 1/8 turn to L on step L with point R to R side

[25-32]□CROSS, TOUCH, TOE ROCK BACK, TOUCH, TOE ROCK BACK, STEP, CROSS, STEP FWD in 1/4 TURN L

- 1-2 Cross step R over step L, point L to L side
- 3&4 Cross rock back on toe L, recover on R, point L to L side
- 5&6 Cross rock back on toe L, recover on R, step L to L side
- 7-8 Cross step R behind step L, 1/4 urn to L ending step L forward

RESTART: Only one time on the 3 :00 wall (at the repetition 8). Do the first 16 counts and Restart the dance from the beginning.

RESTART...

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