

Sharp Dressed Man

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lisa M. Johns-Grose (USA) - May 2014
音樂: Sharp Dressed Man - Jo Dee Messina : (Album: Evan Almighty OST)



INTRO. 32 cts. (start on lyrics)

***** Re-Start on 7th wall (facing 6:00) after 16 cts.**

R TOE STRUT – L CROSS TOE STRUT – SIDE ROCK- RECOVER R CROSS SHUFFLE

1-4 Step right toe to right side, step down on right heel, step left toe across right, Step down left heel.

5, 6, 7 &8 Rock right to right side, recover left, crossover shuffle right-left –right (12 O' Clock)

L TOE STRUT- R CROSS TOE STRUT – SIDE ROCK – REC ¼ R – L SHUFFLE FWD

1-4 Step left toe to left side, step down on left heel, step right toe across left, step down right heel

5,6, 7&8 Rock left to left side, recover right making ¼ turn right, forward shuffle left, right, left (3 O' Clock)

***** Re-Start on 7th wall (Facing 6:00)**

R ROCK FWD- L REC BACK – R SHUFFLE BACK- L ROCK BAC- REC FWD R- L SHUFFLE FWD

1,2, 3&4 Rock forward right, recover back left, shuffle back right, left, right

5,6, 7&8 Rock back left, recover forward right, shuffle forward left, right, left (3 O' Clock)

R SIDE HIP BUMPS 2X - L SIDE HIP BUMP 2X - HIPS ROLLS COUNTER CLOCKWISE

1-2 Stepping right slightly to right side, bump right hips two times

3-4 Bump left hips two times

5-8 Roll hips counter clockwise for two beats, roll hips counter clockwise for two beats (3 O' Clock)

(Weight ends on left)

Begin Again

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