

My Guy

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2
編舞者: Julie Lockton (ES) - May 2014
音樂: My Guy - Mary Wells : (2:49)

級數: Absolute Beginner



Intro: 8 secs (on vocals) - (No Tags & No Restarts)

Section One: Right Strut, Left Strut, Right Strut, Left Strut

- 1-2-3-4 Step forward on right ball, step down on right heel, step forward on left ball, step down on left heel
5-6-7-8 Step forward on right ball, step down on right heel, step forward on left ball, step down on left heel

Section Two: Walk back Right, Left, Right, Touch Left, Step touch, Step together

- 1-2-3-4 Walk back on right, walk back on left, walk back on right, touch left next to right
5-6-7-8 Step left to left side, touch right next to left, step right to right side, step left beside right

Section Three: Paddle ¼ turn left , Kick Right, Kick Left

- 1-2-3-4 Step forward on right, step weight back onto left making 1/8th turn, repeat making in total ¼ turn (09:00)
5-6-7-8 Kick right forward, step back onto right, kick left forward, step back onto left

Section Four: Rock back recover, Rock right recover ¼ turn, Jazz Box

- 1-2-3-4 Rock back onto right, recover onto left, rock right to right side, recover onto left making ¼ left (06:00)
5-6-7-8 Step right across left, step back onto left, step right to right side, step left beside right

Contact: cbaholiday@gmail.com
