

# La La La

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Phrased Intermediate  
編舞者: K. Sholes (USA) - May 2014  
音樂: La La La (feat. Sam Smith) - Naughty Boy



Sequence: A B B B A B B B A \*A B B A

## Part A - 32 counts

**Tap, 1/4 turn, Tap, Step, Hip Bumps (Cover ears during hip bumps)**

1 2 3 4      Tap R toe forward, Step R 1/4 turn left, Tap L toe forward, Step down on L.

5 6 7 8      Bump hips R,L,R,L.

Repeat above 8 count 3 more times

\*Tag on 4th A facing 12:00

## Part B - 32 counts

**Step, Hold, Chase, Rock, Recover, Step, Cross Cha Cha**

1 2 &3 4      Step R to side(1) Hold(2) Step L next to R(&) Step R to side(3) Rock L across R(4)

5 6 7&8      Recover R, Step L to side, Cross R over L, Step L to side, Cross R over L.

**1/4 Turn step, Hold, Chase, Step, Side touch, Cross touch, Side step, Hip bumps**

1 2 &3 4      Step L 1/4 left(1) Hold(2) Step R next to L(&) Step L forward(3) Step R forward(4)

5 6 7&8      Touch L toe to side, Touch L toe across R, Step L to side, Bump hips R,L.

**Cross-weave, 1/4 turn sweep, Step, Sweep**

1 2 3 4      Cross R over L, Step L to side, Step R behind L, Step L to side.

5 6 7 8      Cross R over L turning 1/4 to left, Sweep L forward, Step L across R, Sweep R forward.

**Step, 1/4 spin, Step, 1/4 spin, Cross step, Hold, Chase, Rock**

1 2 3 4      Step R across L, Lift L knee spinning 1/4 to right on ball of R foot, Step L across R, Lift R knee spinning 1/4 to left on ball of L foot.

5 6 &7 8      Step R across L, Hold, Step L next to R, Step R forward, Rock back L.

Begin Again! Enjoy!

\*Tag: Do Part A in reverse (to right) with same steps 1

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