

# Population 4000

拍數: 64                      牆數: 4                      級數: Easy Intermediate  
編舞者: Debbie Ellis (ES) - May 2014  
音樂: Population 4000 Minus 1 - Kevin Sharp : (Album: Measure Of A Man)



## Intro - Start on vocals

### Side Strut, Cross Strut, Chasse, Rock, Recover.

- 1 - 2                      Touch Right toe to Right side, put weight down on to Right foot.
- 3 - 4                      Cross touch Left toe over Right, put weight down onto Left foot.
- 5&6                      Step Right to Right side, close Left beside Right, step Right to Right side.
- 7 - 8                      Rock back on to Left, Recover on Right.

### Side Strut, Cross Strut, Chasse, Rock, Recover.

- 1 - 2                      Touch Left toe to Left side, put weight down on to Left foot.
- 3 - 4                      Cross touch Right toe over Left, put weight down onto Right foot.
- 5&6                      Step Left to Left side, close Right beside Left, step Left to Left side.
- 7 - 8                      Rock back on to Right, Recover on Left.

### Step, Pivot, Step, Clap x2.

- 1 - 4                      Step Right forward, pivot ½ turn Left, step Right forward, ( Clap).
- 5 - 8                      Step Left forward, pivot ½ turn Right, step Left forward, (Clap).

### Stroll Forward, Kick, Stroll Back, Touch.

- 1 - 4                      Walk forward, R,LR, kick Left forward.
- 5 - 8                      Walk back , L,R,L, touch Right toe beside Left.

\* (Tag wall 4).

### Stomp, Heel, Toe, Swivels, Touch x2.

- 1 - 4                      Stomp Right to Right side, twist Left heel in, twist Left toe in, touch Left beside Right.
- 5 - 8                      Stomp Left to Left side, twist Right heel in, twist Right toe in, touch Right beside Left.

### Jazz Jumps Forward & Back with Claps, Heels Swivels.

- &1-2                      Jump forward, R,L, ( Clap).
- &3-4                      Jump back R,L, ( Clap).
- 5 - 8                      Swivel both heels, R,L,R,L, ( end in parallel position).

### Grapevine Right, Touch (or Flick), Grapevine ¼ Turn Left, Scuff.

- 1 - 4                      Step Right to Right side, cross Left behind Right, step Right to Right side, touch Left beside Right ( option - Flick Left behind Right and slap Leather!).
- 5 - 8                      Step Left to Left side, cross Right behind Left, step Left forward making ¼ turn Left, scuff Right forward.

### Rocking Chair, Jazz box with Cross.

- 1 - 4                      Rock Right forward, Recover on Left, rock Right back, Recover on Left.
- 5 - 8                      Cross Right over Left, step Left back, step Right to Right side, cross Left over Right.

## Start Again and have fun xx

### Tag & Restart\*

During wall 4, dance up to count 32, then Stomp Right to Right side ( no weight), hold for 3 counts, then Restart from count 1 ( facing 3:00).

Last Update - 8th May 2014

