

Seasons Change

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Margaret Warren (AUS) - May 2014
音樂: Only a Woman - Enrique Iglesias : (Album: Sex & Love)



Start after 16 Beat Intro on Woman, 2 Easy Restarts

Sequence: 32, 16, 32, 32, 16, 32, 32, 32, 16

R Point, Tog, L Point, Tog, R Heel fwd, Tog, L Heel Fwd, Tog, Fwd, Replace, Tog, Back, Replace, Tog,

1&2& Point R toes to R side, Step R beside L, Point L toes to L side, Step L beside R

3&4& Step R heel fwd, Step R beside L, Step L heel fwd, Step L beside R

5,6& Step fwd on R, Replace on L, Step R beside L

7,8& Step back on L, Replace on R, Step L beside R (12.00)

Side , Replace, Behind, Side, Cross , Side, Replace, Behind, Side, Cross

1,2,3&4 Step R to side, Replace on L, Step R behind L, Step L to side, Cross R over L

5,6,7&8 Step L to side, Replace on R, Step L behind R, Step R to side, Cross L over R (12.00) *

¼ Turn R Shuffle, Pivot ½ Turn, Fwd, Cross, Side, Replace, Cross, Back, ¼ L Turn

1&2 Turning ¼ R Shuffle fwd, R, L, R

3&4 Step fwd on L, Pivot ½ Turn R, (weight on R) Step fwd on L

5&6 Cross R over L, Step L to side, Replace on R

7&8 Cross L over R, Step back on R making ¼ Turn L, Step L to side (6.00)

R Cross Shuffle, Side, Replace, Behind, R Side Shuffle, Cross, Replace, Side

1&2 Cross R over L, Step L beside R, Cross R over L

3&4 Step L to side, Replace on R, Step L behind R

5&6 Step R to side Step L beside R, Step R to side

7&8 Cross L over R, Replace on R, Step L to side L (6.00)

Repeat from beginning

Restart: Walls 2 & 5, Dance the first 16 Beats* Facing back wall both times

Start Again from Beginning

Dance ends at front on 9th Wall after 16 beats* step R beside L

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