

Automatic

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Wendy Mager (USA) - May 2014
音樂: Automatic - Miranda Lambert



Intro 32 counts

R Side Step, Step L Behind R, R Side Shuffle, Cross Rock-rec, 1/4 Turn L- L Shuffle Fwd

1-2 Step R to R side, step L behind R
3&4 Step R to R side, step L together, step R to R side
5-6 Cross rock L over R, recover to R
7&8 1/4 turn L-step L fwd, step R together, step L fwd

R Step Fwd, Touch L Behind R, L Shuffle Back, R Rock Back- Rec, R Kick-Ball-Change

1-2 Step R fwd, touch L toe behind R
3&4 Step L back, step R together, step L back
5-6 Rock back on R, recover to L
7&8 Kick R foot fwd, step R next to L, step L in place next to R

R-L Walk, R Sailor Step, Touch L Behind R, Unwind 3/4 Turn L, R Mambo Fwd

1-2 Walk fwd R-L
3&4 Cross R behind L, step L together, step R to R side
5-6 Touch L toe behind R, unwind 3/4 turn L (wgt to L)
7&8 Rock R fwd, recover back on L, step R next to L

L-R Walk Back, L Coaster Step, Jazz Box w/ 1/4 Turn R

1-2 Walk back L-R
3&4 Step L back, step R next to L, step L fwd
5-8 Cross R over L, 1/4 turn R as you step back on L, step R to R side, step L next to R

Tag: At the end of wall 1

1-4 Walk fwd R,L,R, kick L
5-8 Walk back L,R,L, touch R

At the end of wall 8: There is a pause in the music-just hold for 4 counts then restart

To end the dance: On wall 11- dance first 16 counts then turn L and face the front wall stepping on your R foot

Contact: wmager@cfl.rr.com