

Ready, Set, Roll

拍數: 32 牆數: 4 級數: Improver
編舞者: Jessica Carlson (USA) - May 2014
音樂: Ready Set Roll - Chase Rice



Intro: 16 count, start with words of song (After he says: Ready, Set, Let's Roll, Let's Roll)

Diagonal Step touch (x2), Step Together Step Touch, Rock Recover, Step Hop, Side Rock Cross

1&2& Step R Forward to R (1), touch L next to R (&), Step L forward to L (2), Touch R next to L (&)
3&4& Step R Forward to R (3), Step L next to R (&), Step R forward to R (4), Touch L next to R (&)
5&6& Step/Rock L forward (5), Step/Rock back on R (&), Step L next to R (6), hop on L (&)
7&8 Step/Rock R to R (7), Step/Recover L to L (&), Cross R over L (8)

Diagonal Step touch (x2), Step Together Step Touch, Rock Recover, Step Hop, Side Rock and Cross

1&2& Step L Back to L (1), touch R next to L (&), Step R back to R (2), Touch L next to R (&)
3&4& Step L Back to L (3), Step R next to L (&), Step L Back to L (4), Touch R next to L (&)
5&6& Step/Rock R Back (5), Step/Rock forward to L (&), Step R next to L (6), hop on R (&)
7&8 Step/Rock L to L (7), Step/Recover R to R (&), Cross L over R (8)

Step Drag Back, ½ turn Step Forward, Crossing Shuffle, Side Rock Cross, ¼ turn shuffle forward

1,2 Step back on R dragging L (1), ½ turn step forward on L (2) (6:00)
3&4 Step R over L (3), Step back on L (&), Step again on R (4)
5&6 Step/Rock L to L (5), Step/Recover R to R (&), Cross L over R (6)
7&8 ¼ Turn R Step R Forward (7) (9:00), Step L next to R (&), Step R forward (8)

****Restart here on wall 3****

Rock Forward, Recover, Hop, Slide Drag Back, Touch, Swing Hips

1,2 Step/Rock L Forward (1), Step/Recover on R (2)
&3,4 Hop on R (&), Step L Back dragging R (3), Step R next to L (4)

****Restart here on wall 1****

5,6,7,8 Swing Hips R-L-R-L (5,6,7,8) **Tag here on wall 6**

****Tag: ¼ Paddle Turns (x2): In Wall 6, start facing 6:00, end facing 12:00**

1,2 Step R forward Push hip counter clockwise (1), ¼ L finish hip move weight ends on L (2)
(3:00)
3,4 Step R forward Push hip counter clockwise (3), ¼ L finish hip move weight ends on L (4)
(12:00)

Restarts are at:

Wall 1: 28 counts in, facing 9:00 – Finish Drag, instead of stepping R next to L, touch R next to left

Wall 3: 24 counts in, facing 3:00 – Finish shuffle, instead of stepping forward at the end of the shuffle, only touch R Forward (8), touch R next to L (&) to be ready to start the dance again on the R.

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