

Poco Loco

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Vera Kuiper (NL) - May 2014
音樂: Poco Loco - Carlito



Info: Intro starts after 32 counts dance intro then dance

INTRO:-

Rock step, Coaster step, Right & Left.

1 RF rock forward
2 Recover on LF
3 RF step backwards
& LF step next to RF
4 RF step forward
5 LF rock forward
6 Recover on RF
7 LF step backwards
& RF step next to LF
8 LF step forward

Rock step, Shuffle ½ turn right, Rock step, Shuffle ½ turn left

1 RF rock forward
2 Recover on LF
3 RF ¼ turn right step to the side
& LF step next to RF
4 RF 1/4 turn right step forward
5 LF rock forward
6 Recover on RF
7 LF ¼ turn left step to the side
& RF step next to RF
8 LF ¼ turn left step forward

Dance:

Walk back, Walk back, Coaster step, Lock step, Lock step.

1 RF walk backwards
2 LF walk backwards
3 RF step backwards
& LF step next to RF
4 RF step forward
5 LF step forward
& RF lock behind LF
6 LF step forward
7 RF step forward
& LF lock behind RF
8 RF step forward

Side rock, Behind, side, Cross. Side rock, Behind, Side, Cross

1 LF rock to the side
2 Recover on RF
3 LF cross behind RF
& RF step to the side
4 LF cross over RF

- 5 RF rock to the side
- 6 Recover on LF
- 7 RF cross behind LF
- & LF step to the side
- 8 RF cross over LF

Rock step, ½ shuffle left, Mambo step, Mambo step.

- 1 LF rock forward
- 2 Recover on RF
- 3 LF ¼ turn left step to the side
- & RF step next to LF
- 4 LF ¼ turn left step forward
- 5 RF rock forward
- 6 Recover on LF
- 7 LF rock backwards
- & Recover on RF
- 8 LF step forward

Jazz box ½ turn right, Side rock & Side rock

- 1 RF cross over LF
- 2 LF ¼ turn right step back
- 3 RF ¼ turn right step forward
- 4 LF step forward
- 5 RF rock to the side
- 6 Recover on LF
- & RF step next to LF
- 7 LF rock to the side
- 8 Recover on RF

Rock step, ¼ turn chasse left, Cross rock, Chasse right

- 1 LF rock forward
- 2 Recover on RF
- 3 LF ¼ turn left step to the side
- & RF step next to LF
- 4 LF step to the side
- 5 RF cross over LF
- 6 Recover on LF
- 7 RF step to the side
- & LF step next to RF
- 8 RF step to the side

Cross rock, ¼ turn left walk, Walk, Shuffle, Rock step.

- 1 LF cross over RF
- 2 Recover on RF
- 3 LF ¼ turn left walk forward
- 4 RF walk forward
- 5 LF step forward
- & RF step next to LF
- 6 LF step forward
- 7 RF rock forward
- 8 Recover on LF

Shuffle back, Back rock, Cross over, Touch, Walk, Walk

- 1 RF step backwards

& LF step next to RF
2 RF step backwards
3 LF rock backwards
4 Recover on RF
5 LF cross over RF
6 RF touch out
7 RF walk forward
8 LF walk forward

Jazz box ¼ turn right, Monterey turn ½ right

1 RF cross over LF
2 LF ¼ turn right step backwards
3 RF step to the side
4 LF step forward
5 RF touch to the side
6 RF ½ turn right step next to LF
7 LF touch to the side
8 LF step next to RF

Restart: Wall 2

Dance till count 48 and start again

Tag Wall 5:

Dance till count 32 and make a & count extra LF walk forward

Ending: Dance wall 7 till count 8 and make a pivot and a step and pose tadaaaaa

HAVE FUN

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