

# Jailhouse Rock

COPPER KNOB  
STEPPERS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Helaine Norman (USA) - May 2013  
音樂: Jailhouse Rock - Elvis Presley



**Intro: Start on vocal of "Going to a party at the county jail". No Tags Or Restarts!**

## **S1: LINDY RIGHT, ROCK RECOVER, 3-COUNT ROCKING CHAIR, HITCH**

1&2      Triple step right side side RLR  
3-4      Rock L behind, recover R  
5-6-7      Rock L forward, recover R, rock L back  
8      Hitch R

## **S2: TOE STRUTS BACK X 3, TOUCH, HOLD**

1-2      Touch R ball of foot back, let R heel down  
3-4      Touch L ball of foot back, let L heel down  
5-6      Touch R ball of foot back, let R heel down  
7      Touch L beside R  
8      Hold

## **S3: LINDY LEFT, ROCK RECOVER, 3-COUNT ROCKING CHAIR, HITCH**

1&2      Triple step left side LRL  
3-4      Rock R back, recover L  
5-6-7      Rock R forward, recover L back, rock R back  
8      Hitch L

## **S4: THREE STRUTS FORWARD, TOUCH, HOLD**

1-2      Touch L ball of foot forward, let L heel down  
3-4      Touch R ball of foot back, let R heel down  
5-6      Touch L ball of foot back, let L heel down  
7      Touch R beside L  
8      Hold

## **S5: ¼ RIGHT MONTEREY TURN, STRUTS BACK (all two times)**

1-2      Point R to right side, ¼ turn right R step beside L  
3-4      Point L to left side, step L beside R  
5-6      Touch R ball of foot back, let R heel down  
7-8      Touch L ball of foot back, let L heel down

## **S6: ¼ RIGHT MONTEREY TURN, STRUTS BACK (all two times)**

1-2      Point R to right side, ¼ turn right R step beside L  
3-4      Point L to left side, step L beside R  
5-6      Touch R ball of foot back, let R heel down  
7-8      Touch left ball of foot back, let left heel down

## **S7: RIGHT MAMBO FORWARD, LEFT MAMBO BACK**

1-2-3-4      Rock R forward, recover L in place, step R beside L, hold  
5-6-7, 8      Rock L back, recover R in place, step L beside R, hold

## **S8: TOE STRUTS FORWARD, SWAY KNEES AND HIPS x 3, HOLD (MIMIC ELVIS HIP AND ARM MOVEMENTS)**

1-2      Touch R toe forward, let R heel down  
3-4      Touch L toe forward, left L heel down

- 5 Bend R knee inward left while L knee remains straight (sway right hip to right at same time)
- 6 Bend L knee inward right while R knee remains straight (sway left hip to left at same time)
- 7 Bend R knee inward left while L knee remains straight (sway right to right at same time)
- 8 Hold (weight ends on L)

**Start dance again**

**Contact: [helaine43@gmail.com](mailto:helaine43@gmail.com)**

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