

4 Strong Winds

COPPER KNOB
STEPPERS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Russell Breslauer (USA) - April 2014
音樂: Four Strong Winds - The Brothers Four
或: Four Strong Winds - Waylon Jennings



Alternative Music: Beyond the Sea - We Five

NIGHT CLUB 2-STEP (Right and Left)

1 – 2 Step right one big step R hold
3 – 4 Rock L behind right Recover on R
5 – 6 Step left one big step L hold
7 – 8 Rock R behind left Recover on L

ROCK RECOVER (FORWARD, SIDE, BACK) FORWARD* TOGETHER

1 – 2 Step forward R Recover L
3 – 4 Step right side with R Recover L
5 – 6 Step back R Recover L
7 – 8 Step forward * R step L next to right

*** For a 4-wall dance, instead of forward, turn ¼ right on R**

NIGHT CLUB 2-STEP (Right and Left)

1 – 2 Step right one big step R hold
3 – 4 Rock L behind right Recover on R
5 – 6 Step left one big step L hold
7 – 8 Rock R behind left Recover on L

COASTER FORWARD, COASTER BACK

1 – 4 Step forward R step L next to right step back R hold
5 – 8 Step back L step R next to left step forward L hold

Repeat to the end

Contact: - Russell Breslauer: BreslauerDanceSF@yahoo.com

Last update 4/30/2014