

Demons

拍數: 64 牆數: 2 級數: Upper Intermediate
編舞者: Mark Simpkin (AUS) - April 2014
音樂: Demons - Imagine Dragons : (Album: Night Visions, Deluxe Version - iTunes)



Dance begins on Words "days", after 3 counts.

[1 – 8] □ STEP R, L SAILOR, BALL CROSS, BALL CROSS, REPLACE, BALL CROSS, UNWIND $\frac{3}{4}$ L

1,2,&,3,&4 Step R to R side (drag L), L Sailor, Step Ball of R slightly Back, cross Step L over R (Ball Cross)
&, 5, 6 Step Ball of R to R Side, cross Step L over R (Ball Cross), Replace R,
&7, 8 Step Ball of L to L Side, cross R over L (ball cross), Unwind $\frac{3}{4}$ turn over L wgt R (sweeping L) (3.00)

[9- 16] L COASTER, BALL STEP FWD L, LUNGE FWD R, REPLACE L , $\frac{1}{4}$ R , CROSS WEAVE $\frac{1}{4}$ R

1&2&3, 4 L Back Coaster, Step tog on Ball of R, Step Fwd on L, Lunge/Step Fwd on R
5, 6, Replace wgt Back on L, $\frac{1}{4}$ turn R Step R to R Side, (6.00)
7, &, 8, & Cross L over R, Step R to R Side, Cross L behind R, $\frac{1}{4}$ turn R Step fwd on R, (9.00)

[17-24] STEP $\frac{1}{2}$ PIVOT, BALL STEP FULL TURN R, FWD R, SHUFFLE FWD L, LOCK SHUFFLE BACK, $\frac{1}{2}$ TURN R, $\frac{1}{4}$ SIDE R

1, 2, &3 Step fwd on L, Pivot $\frac{1}{2}$ R on R, Step on Ball of L making a full turn over R, Step fwd on R, (3.00)
4&5,6&7 Shuffle fwd L, R, L, Shuffle Back R, Cross L, Back R,
8, & Turning $\frac{1}{2}$ turn over L step fwd L (9.00), Turning $\frac{1}{4}$ L Step R to R side (6.00)

[25-32] TOUCH L BEHIND, UNWIND $\frac{3}{4}$, STEP, PIVOT $\frac{1}{2}$, $\frac{1}{4}$, TOUCH BEHIND, UNWIND $\frac{1}{2}$, SIDE, REPLACE, TOG

1,2,3,4 Touch L Behind, Unwind $\frac{3}{4}$ turn L wgt on L, (9.00), Step fwd R, Pivot $\frac{1}{2}$ turn L on L (3.00)
&5, 6 Turning $\frac{1}{4}$ L Step R to Side, Touch L Behind R, Unwind $\frac{1}{2}$ turn wgt on L (6.00)
7, 8, & Rock/Step R to R Side, Replace wgt to L, Stepping Ball of R tog,

[33-40] CROSS L REPLACE, SWITCH, CROSS R, REPLCE, SWITCH, STEP FWD L, PIVOT $\frac{1}{2}$ R, FULL TURN SHUFFLE L, R, L, TOG R □ □

1,2,&,3,4, & Cross/Step L over R, Replace wgt R, Step L tog, Cross R over L, Replace wgt L, Step R tog,
5, 6, 7&8, & Step Fwd L, Pivot $\frac{1}{2}$ turn R on R, Making a Full turn over R Shuffle L, R, L, Step R tog, (12.00)

[41-48] STEP BACK L SWEEPING R, BEHIND R, BALL CROSS, BALL CROSS, PIVOT $\frac{3}{4}$ L, $\frac{1}{2}$ BACK R, L COASTER, TOG R

1,2,&3 Step Back L sweeping R around, Step R Behind L, Step Ball of L to L, Cross R over L, (12.00)
&4,5,6 Step Ball of L to L, Cross R over L, Unwind/Pivot $\frac{3}{4}$ turn L on L, Turning $\frac{1}{2}$ L Step Back R, (9.00)
7&8, & Step L Back, Step R tog, Step L Fwd, (coaster), Step R tog,

[49 – 56] STEP FWD L, PIVOT $\frac{1}{2}$ R, $\frac{1}{2}$, $\frac{1}{2}$, $\frac{1}{2}$, $\frac{1}{4}$ SIDE BALL CROSS, BALL TOUCH, UNWIND FULL TURN

1,2,3,4 Step fwd on L, Pivot $\frac{1}{2}$ turn R on R, Turning $\frac{1}{2}$ turn R Step on L, Turning $\frac{1}{2}$ R Step fwd R, (3.00)
5&6,& Turning $\frac{1}{4}$ R Step L to L Side, Step R tog, Cross L over R, Step R to R Side, (6.00) 7,8
Touch L Behind R, Unwind a Full Turn L (wgt L)

[57 – 64] LUNGE R SIDE, REPLACE, FULL TURN R BALL STEP L, REPLACE, BEHIND, SIDE, CROSS, HOLD, BALL CROSS

1, 2, &3 Lunge/Rock R to R Side, Replace wgt L, Making a Full Turn R on L Step on Ball of R, Step L to Side
4, 5&6, 7 Replace R, Step L behind, Step R to R Side, Cross L over R, Hold,
&8 Step Ball of R to R Side, Cross L over R,

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