

# La Fifa

拍數: 64      牆數: 4      級數: Easy Intermediate  
編舞者: Francien Sittrop (NL) - April 2014  
音樂: Vida (Spanglish Version) - Ricky Martin : (Album: Fifa World 2014)



## Intro: Start after 16 Counts

### [1 – 8] □ Side, Together, Chasse R, Mambo steps

1 – 2      Step R to R side, Step L next to R  
3 & 4      Step R to R side, Step L next to R, Step R to R side  
5 & 6      Rock L fwd, Recover on R, Step L back  
7 & 8      Rock R back, Recover on L, Step R fwd

### [9-16] □ Side, Together, Chasse L ¼ L, Mambo steps

1 – 2      Step L to L side, Step R next to L  
3 & 4      Step L to L side with ¼ Turn L, Step R next to L, Step L fwd (09.00)  
5 & 6      Rock R fwd, Recover on L, Step R back  
7 & 8      Rock L back, Recover on R, Step L fwd

### [17-24] □ Samba Steps x2, Kick and Point x2

1 & 2      Step R fwd, Rock L to L side, Recover on R  
3 & 4      Step L fwd, Rock R to R side, Recover on L  
5 & 6      Kick R fwd, Step R down, Point L to L side  
7 & 8      Kick L fwd, Step L down, Point R to R side

### [25-32] □ Rock Recover, Shuffle ½ R, Shuffle ½ R, Hipsways

1 – 2      Rock R fwd, Recover on L  
3 & 4      ¼ Turn R step R to R side, Step L next to R, ¼ Turn R step R fwd (03.00)  
5 & 6      ¼ Turn R step L to L side, Step R next to L, ¼ Turn R step L back (09.00)  
7 – 8      Step R to R side, Recover on L with Hipsway

### [33-40] □ Walks Back, Out Out, Back, Rock Recover , Shuffle fwd

1 – 2      Walk Back R, L  
&3-4      Step R out, Step L out, Step R back  
5 – 6      Rock L back, Recover on R  
7 & 8      Step L fwd, Step R next to L, Step L fwd

### [41-48] □ Diag Lock step fwd R&L, Step R fwd, Pivot ½ L, Kick Ball Cross

1 & 2      Step R diag R fwd, Lock L behind R, Step R diag R fwd  
3 & 4      Step L diag L fwd, Lock R behind L, Step L diag L fwd  
5 – 6      Step R fwd, Pivot ½ Turn L (03.00)  
7 & 8      Kick R fwd, Step R down, Step L across R \*\*R\*\*

### [49-56] □ Side Rock Recover, Behind, Side , Cross x2

1 – 2      Rock R to R side, Recover on L  
3 & 4      Step R behind L, Step L to L side, Step R across L  
5 – 6      Rock L to L side, Recover on R  
7 & 8      Step L behind R, Step R to R side, Step L across R

### [57-64] □ Mambo step fwd, Mambo step back, Full Turn L, 2 Walks fwd R,L

1 & 2      Rock R fwd , Recover on L, Step R back  
3 & 4      Rock L back, Recover on R, Step L fwd

5 – 6            ½ Turn L step R back, ½ Turn L step L fwd  
7 – 8            Walk fwd R, L

**Start Again**

**Restart : Wall 2 after count 48 start again with count 1**

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