Lost In The Fire



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Phoenix Adamson (NZ) - April 2014 音樂: Things We Lost in the Fire - Bastille



Intro: 36 Counts (After Strong Beat Commences)

ROCK RECOVER, SHUFFLE 1/2 TURN, ROCK RECOVER, COASTER CROSS

- 1 2 3 & 4 Rock Forward On Right, Recover Onto Left, Making ½ Turn Right Shuffle Forward Stepping Right (3) Left (&) Right (4)
- 5 6 7 & 8 Rock Forward On Left, Recover Onto Right, Step Back On Left (7), Close Right Beside Left (&), Cross Left Over Right (8) (6 O'Clock)

SIDE ROCK, BEHIND - SIDE - CROSS, SIDE ROCK WITH 1/4 TURN, SHUFFLE

- 1 2 3 & 4 Rock Right To Side, Recover Onto Left, Cross Right Behind Left (3), Step Left To Side (&), Cross Right Over Left (4)
- 5 6 7 & 8 Rock Left To Side, Making ¼ Turn Right Recover Onto Right, Shuffle Forward Stepping Left (7) Right (&) Left (8) (9 O'Clock)

ROCK RECOVER, COASTER, ROCK RECOVER, REVERSE STEP - LOCK - STEP

- 1 2 3 & 4 Rock Forward On Right, Recover Onto Left, Step Back On Right (3), Close Left Beside Right (&), Step Forward On Right (4)
- 5 6 7 & 8 Rock Forward On Left, Recover Onto Right, Step Back On Left (7), Cross Right Over Left (&), Step Back On Left (8)

ROCK RECOVER, REVERSE COASTER, ROCK RECOVER, STEP - LOCK - STEP

- 1 2 3 & 4 Rock Back On Right, Recover Onto Left, Step Forward On Right (3), Close Left Beside Right (&), Step Back On Right (4)
- 5 6 7 & 8 Rock Back On Left, Recover Onto Right, Step Forward On Left (7), Lock Right Behind Left (&), Step Forward On Left (8)

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1 2 3 & 4 Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right (3) Left (&) Right (4)
- 5 6 7 & 8 Rock Left To Side, Recover Onto Right, Cross Shuffle Stepping Left (7) Right (&) Left (8)

1/4 TURN - 1/4 TURN, SHUFFLE, FULL TURN, SHUFFLE

- 1 2 3 & 4 Making ¼ Turn Left Step Back On Right, Making ¼ Turn Left Step Forward On Left, Shuffle Forward Stepping Right (3) Left (&) Right (4)
- 5 6 7 & 8 Making ½ Turn Right Step Back On Left, Making ½ Turn Right Step Forward On Right, Shuffle Forward Stepping Left (7) Right (&) Left (8) (3 O'Clock)

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1 2 3 & 4 Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right (3) Left (&) Right (4)
- 5 6 7 & 8 Rock Left To Side, Recover Onto Right, Cross Shuffle Stepping Left (7) Right (&) Left (8)

1/4 TURN - 1/4 TURN, SHUFFLE, FULL TURN, SHUFFLE

- 1 2 3 & 4 Making ¼ Turn Left Step Back On Right, Making ¼ Turn Left Step Forward On Left, Shuffle Forward Stepping Right (3) Left (&) Right (4)
- 5 6 7 & 8 Making ½ Turn Right Step Back On Left, Making ½ Turn Right Step Forward On Right, Shuffle Forward Stepping Left (7) Right (&) Left (8) (9 O'Clock)

REPEAT

TAG: On Completion Of Wall 2 (Facing 6 O'Clock) & Wall 5 (Facing 9 O'Clock) There Is A 4 Count Tag SIDE ROCK, ROCK RECOVER

1 – 2 – 3 – 4 Rock Right To Side, Recover Onto Left, Rock Back On Right, Recover Onto Left

TAG & RESTART: On Wall 4 After 1st 32 Counts (Facing 12 O'Clock) There Is A 4 Count Tag Followed By A Restart (This Now Becomes Wall 5) SIDE ROCK, ROCK RECOVER

1 – 2 – 3 – 4 Rock Right To Side, Recover Onto Left, Rock Back On Right, Recover Onto Left

RESTART: On Wall 6 After 1st 16 Counts (Facing 6 O'Clock) There Is A Restart (This Now Becomes Wall 7)