Bring It Down



編舞者: Pam Cassells (AUS) - February 2014

音樂: The Wall - Neal McCoy: (Album: Where Forever Begins)



Start Position: Feet together - with weight on L foot. Starts on vocals – 16 counts in - Direction: Clock-wise

CROSS, HOLD, CROSS, HOLD, STEP, TOGETHER, STEP, HOLD.

1,2 Moving forward - step R over L, hold for one count,3,4 Moving forward - step L over R, hold for one count,

5,6,7,8 Camel step - step R forward, slide L beside R, step R forward, hold for one count,

VINE L, VINE R WITH 90° TURN.

1,2,3,4 Vine L - step L to L side, step R behind L, step L to L side, touch R beside L,

5,6,7,8 Vine R with turn - step R to R side, step L behind R, turning 90 degrees R - step R forward,

step L forward, (3:00 wall)

STEP, LOCK, STEP, HOLD, STEP, LOCK, STEP, HOLD.

1,2,3,4 Step R forward, lock L behind R, step R forward, hold for one count, 5,6,7,8 Step L forward, lock R behind L, step L forward, hold for one count,

SIDE, TOGETHER, SIDE, HOLD, SIDE, TOGETHER, SIDE, HOLD.

1,2,3,4 Step R to R side, step L beside R, step R to R side, hold for one count, * Step L to L side, step R beside L, step L to L side, hold for one count.

REPEAT DANCE IN NEW DIRECTION

Finish: Dance the last wall to count 28* (you will be facing the 3:00 wall) then add the following:

1,2,3 Step R forward, pivot 90 degrees L - weight on L, step R beside L.

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