

# One Step Further

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Christopher Petre (USA) - April 2014  
音樂: Farther Up the Road by Mick Hucknall



20 count intro, step 1 is on the word "road"

**[1-8], WALK, WALK, PLACE, TWIST & TWIST 1/2 L, L KICK, 1/4 L SAILOR STEP**

1,2,3      Walk forward R, L, place R foot forward in front of L (weight on L)  
4&5      With weight on both feet twist heels right turning 1/4 LEFT, twist heels left, twist heels 1/4 right turning 1/4 LEFT (6:00)  
6      Kick L forward and then sweep L around and behind R  
7&8      Turn 1/4 left (3:00) stepping back on L, step R next to L, step forward L

**[9-16], WALK, WALK, PLACE, TWIST & TWIST 1/2 L, L KICK, L COASTER STEP**

1,2,3      Walk forward R, L, place R foot forward in front of L (weight on L)  
4&5      With weight on both feet twist heels right turning 1/4 LEFT, twist heels left, twist heels 1/4 right turning 1/4 LEFT (9:00)  
6      Kick L forward  
7&8      Step back on L, step R next to L, step forward L

**[17-24], SHUFFLE R & L DIAGONALS, OUT-OUT, SWAY L, R, L**

1&2      Step to right diagonal on R, step together on L, Step to right diagonal on R  
3&4      Step to left diagonal on L, step together on R, Step to left diagonal on L  
&5      Step R to right, place L to left (weight on R)  
6,7,8      Sway L, R, L with weight ending on L with R toe pointed to right

**[25-32], ROLLING STEP 1 1/4 R, KICK L-BALL-1/4 L POINT R, HOLD, & SWITCH HOLD**

1,2,3      Turn 1/4 right (12:00) stepping onto R, turn 1/2 right stepping back on L, turn 1/2 right stepping forward on right (12:00)  
4&5,6      Kick L forward, turn 1/4 left (9:00) step L to left, point R toe to right, hold  
&7,8      Step R next to L, point L toe to left, hold

**[33-40], AND CROSS, BACK, BACK, CROSS, BUMPS, 1/2 R BUMPS**

&1,2      Step L behind R, cross step R over L, step back L  
3,4      Step back on R, cross step L over R  
5&6      Step back on R bumping hips back, forward, back (weight on R)  
7&8      Turn 1/2 right (3:00) place weight on L bumping hips back, forward, back (weight on L)

**[41-48], WALK, WALK, 1/2 R SAILOR, 1/2 R, 1/2 R, L SHUFFLE**

1,2      Walk forward R, L  
3&4      Turn 1/4 right step R behind L, step L in place, turn 1/4 right step R to right (9:00)  
5,6      Turn 1/2 right step back on L, turn 1/2 right step forward on R (9:00)  
7&8      Step forward L, step together on R, step forward L

RINSE, LATHER, REPEAT ;)

Contact: [petrethepirate@mutinyonthedancefloor.com](mailto:petrethepirate@mutinyonthedancefloor.com)

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