

# A Little Bit of Nothing

COPPERKNOB  
BY STEPHENETS

拍數: 32      牆數: 2      級數: Intermediate - Pulse - Samba  
編舞者: Ronald "RONNIE" Grabs (DE) - April 2014  
音樂: Happy (Spiritual South Go Happy in Rio Edit) - 'Special Cut' by Max Sedgley



Alt. music:-

Mas Que Nada by Black Eyed Peas & Sergio Mendes  
or any medium Samba

Note: this dance is written in Samba Timing with in a long "1" and a late "&" (change to an "a").

## SIDE-BACK ROCK / SIDE-BACK ROCK / SIDE-1/4 L BACK ROCK / FWD. STEP-BACK ROCK

1 a2      step right foot to side, cross rock left foot behind right, recover weight on to right,  
3 a4      step left foot to side, cross rock right foot behind left, recover weight on to left,  
5 a6      step right foot to side, turn 1/4 to left as you rock back with left foot, recover weight on to  
right,  
7 a8      step left foot forward, rock back with right foot, recover weight on to left,

## CROSS-1/4 R SIDE ROCK / CROSS-SIDE ROCK / 1/2 R VOLTAS

1 a2      cross step right foot in front of left, turn 1/4 to right as you rock left foot to side, recover weight  
on to right,  
3 a4      cross step left foot in front of right, rock right foot to side, recover weight on to left,  
5      turn 1/4 to right and cross step right foot in front of left,  
a6      step left foot to side, turn 1/8 to right and cross step right foot in front of left,  
a7      step left foot to side, turn 1/8 to right and cross step right foot in front of left,  
a8      step left foot to side, cross step right foot in front of left,

## CROSS-SIDE ROCK / CROSS-SIDE ROCK / CLOSE-BACK ROCK / CLOSE-BACK ROCK

1 a2      cross step left foot in front of right, rock right foot to side, recover weight on to left,  
3 a4      cross step right foot in front of left, rock left foot to side, recover weight on to right,  
5 a6      step left foot next to right, rock back with right foot, recover weight on to left,  
7 a8      step right foot next to left, rock back with left foot, recover weight on to right,

Easy Option: You can change the Closed Mambos to Forward and Back Mambo Rock Steps:  
FWD. MAMBO ROCK STEP / BACK MAMBO ROCK STEP

5 a6      rock forward with left foot, recover weight an to right, step left foot back,  
7 a8      rock back with right foot, recover weight an to left, step right foot forward,

## FWD. WALK-WALK / FWD. MAMBO ROCK STEP / TRIPLE 1/2 TURN L / VOLTA 1/2 TURN L

1, 2      step left foot forward, step right foot forward,  
3 a4      rock forward with left foot, recover weight an to right, step left foot back,  
5 a6      step right foot back, turn 1/4 to left stepping left foot to side, turn 1/4 to left stepping right foot  
forward,  
7 a8      turn 1/4 to left and cross step left foot in front of right, step right foot slightly diagonally  
forward and right, turn 1/4 to left and cross step left foot in front of right,

REPEAT

Contact: [www.line-fire.de](http://www.line-fire.de) - [ronnygrabs@live.de](mailto:ronnygrabs@live.de)