

Train Wreck

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Sue Smyth (UK) & Michelle Mathieson (UK) - April 2014
音樂: Train Wreck - James House



Intro: 32 counts - 3 Restarts

SEC 1: □□ RIGHT LOCK RIGHT SCUFF, LEFT LOCK LEFT SCUFF

1-4 step fwd on R, lock L behind R, step fwd on R, scuff L
5-8 step fwd on L, lock R behind L, step fwd on L, scuff R

SEC 2: □□ STEP FULL TURN, BACK LOCK BACK

9-10 step fwd on R, make ½ turn left stepping weight on L
11-12 make ½ turn left stepping back on R, kick L foot fwd
13-16 step back on L, lock R in front of L, step back on L, kick R foot fwd

SEC 3: □□ RIGHT COASTER STEP BACK, STEP ¼ TURN RIGHT CROSS

17-20 step back on R, step L beside R, step fwd on R, hold
21-24 step fwd on L pivot ¼ turn R, cross L over R, hold (3 o'clock)

SEC 4: □□ 3/4 TURN HINGE, LEFT ROCKING CHAIR

25-28 ¼ turn L stepping back on R, ½ turn L stepping fwd on L, (6 o'clock) step fwd on R hold
29-32 rock fwd on L, recover on R, rock back on L, recover on R

TAG/RESTART 2, (replace count 32 with a right hook in front of left,) and Restart the dance facing 9 o'clock 4th wall

SEC 5: □□ STEP PIVOT ¼ TURN RIGHT CROSS, HEEL TWISTS R L R L HOOK R

33-36 step fwd on L pivot ¼ turn R, cross L over R hold (9 o'clock)
37-40 step R to R side, twisting both heels Right, left, right, left (as you twist heels L) hook R leg behind L leg

Restart 1: wall 2 at 12 o'clock

Restart 3: wall 6 at 9 o'clock

SEC 6: □□ RIGHT VINE ½ TURN RIGHT SCUFF LEFT, LEFT VINE TOUCH RIGHT.

41-44 step R to R side, step L behind R, step on R making a ¼ turn R, scuff left making a ¼ turn R (3 o'clock)
45-48 step L to L side, step R behind L, step L to L side, touch R beside L

SEC 7: □□ SIDE TOUCH, SIDE TOUCH, HEEL STRUTS RIGHT AND LEFT

49-52 step R to R side touch L beside R, step L to L side touch R beside L
53-56 right heel strut fwd, left heel strut fwd

SEC 8: □ RUN FWD R L R L, POINT TOUCH, POINT, TOUCH (or flick)

57-60 run fwd on R L R L
61-64 point R toe to R side, touch R beside L, point R toe to R side touch R beside L (or flick L leg behind R)

Contact: boogiesas@yahoo.co.uk

Last Update - 27th April 2014