Falling to Pieces

拍數: 64

級數: Intermediate

編舞者: Chris Mann (AUS) - April 2014

音樂: She Wolf (Falling to Pieces) (feat. Sia) - David Guetta : (Album: Nothing But The Beat)

Start with weight on left foot, after 16 counts (approx. 7 sec)

Pivot, spiral turn, rock forward, back, back, sweep, behind, quarter, side, drag

- 1, 2, 3, 4 Step forward R, pivot ½ left transferring weight to L, step forward R, full turn left with L hooked across R(6:00)
- 5, 6, 7, 8 Rock forward L, replace back R, step back L, sweep R behind L
- 9, 10, 11, 12 Step R behind L, turn ¼ left and step forward L, step R to side, drag L towards R(3:00)

Behind-side-cross, side, drag, side, drag, behind-side-cross, reverse roll, drag

13&14, 15, 16 Step L behind R, R to side, L across R, step R to side, drag L towards R 17, 18, 19&20 Step L to side, drag R towards L, step R behind L, L to side, R across L

21, 22, 23, 24 Turn ¼ right and step backL, ½ right and step forward R, ¼ right and step L to side, drag R towards L(3:00)

Rock back, forward, side, drag, rock back, forward, forward, pivot, rock back, forward, shuffle

25, 26, 27, 28 Rock back R, replace forward L, step R to side, drag Ltowards R

- 29, 30, 31, 32 Rock back L, replace forward R, step forward L, pivot ½ right keeping weight on L(9:00)
- 33, 34, 35&36 Rock back R, replace forward L, shuffle forward stepping RLR

Quarter turn, back, shuffle back, rock back, forward, shuffle half

37, 38, 39&40 Turn ¼ left and step L to side, step R back, shuffle back stepping LRL(12:00)

41, 42, 43&44 Rock back R, replace L forward, turn ½ left shuffling RLR(6:00)

Rock back, forward, 1 ¼ turn, side, hold, rock back, forward, shuffle left, rock back, forward

45, 46, 47, 48 Rock back L, replace R forward, turn ½ R and step back L, turn ½ R and step forward R
49, 50, 51, 52 Turn ¼ R and step L to side, drag R towards L, rock back R, replace L forward(9:00)
53&54, 55, 56 Shuffleright stepping RLR, rock back L, replace R forward

Rock forward, drag, back, half turn, forward, full turn, forward

57, 58, 59, 60Rock forward L, drag R towards L, step back R, turn ½ L and step L beside R(3:00)61,62, 63, 64Step forward R, turn½ R and step back L, turn ½ R and step forward R, step forward L

[64] Repeat dance facing new wall(dance moves clockwise)

Finish: On wall 8, dance up to count 17.

This sheet is version 1.5, and is correct as of 19 Nov 2013.

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牆數:4