New York To LA

拍數: 32

級數: Low Intermediate

編舞者: BM Leong (MY) - April 2014

音樂: NY2LA - Press Play

Start the dance after 16 counts of hard beats.

CROSS, POINT, CROSS, POINT, FORWARD ROCK, TRIPLE HALF TURN RIGHT

- 1-2 Cross R over L, point L to left side
- 3-4 Cross L over R, point R to right side
- 5-6 Rock R forward, recover onto L
- 7&8 Triple 1/2 turn right on RLR

PIVOT HALF TURN RIGHT, FORWARD CHA CHA, FORWARD ROCK, BACK CHA CHA

- 1-2 Step L forward, pivot 1/2 turn right
- 3&4 Cha cha forward on LRL
- 5-6 Rock R forward, recover onto L
- 7&8 Cha cha backward on RLR

SIDE ROCK & SIDE ROCK, CROSS, UNWIND 3/4 LEFT, HIP ROLL

- 1-2 Rock L to left side, recover onto R
- &3-4 Step L together, rock R to right side, recover onto L
- 5-6 Cross R over L, unwind 3/4 turn left
- 7-8 Hip roll (anti-clockwise)

FORWARD ROCK, BACK TOE STRUTS X 3 WITH SHIMMY

- 1-2 Rock R forward, recover onto L
- 3&4 Coaster step on R L R
- 5-6 Walk L forward, walk R forward
- 7&8 Cha cha forward on LRL

RESTART during wall 11 after 24 counts.

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牆數:4