

Honey

拍數: 32 牆數: 2 級數: Beginner / Improver
編舞者: Lucinda Hugo (SA) & Elmarie van Wyk (SA) - April 2014
音樂: American Honey - Lady A



(2014 Overall winner of the Choreographer competition held at Boogie on the Beach, Langebaan, South Africa)

Section 1: Sway, Sway, Chasse right, Sway, Sway, Chasse left

1-2 Sway hips right, left [12.00]
3&4 Step right foot to right side, step left foot next to right, step right foot to right side
5-6 Sway hips left, right
7&8 Step left foot to left side, step right foot next to left, step left foot to left side

Section 2: Right back rock, Right shuffle forward, Left forward rock, ½ turn Left shuffle

1-2 Rock back on right foot, recover onto left
3&4 Step forward on right foot, step left foot beside right, step forward on right
5-6 Rock forward on left foot, recover onto right
7&8 make ½ turn left step forward on left foot, step right foot beside left, step forward on left [6.00]

Section 3: Side Rock, Behind side cross, Side Rock, Behind side ¼ turn

1-2 Rock Right foot to Right side, recover onto Left foot
3&4 Cross Right foot behind Left foot, step Left foot to Left side, cross Right foot over Left foot
5-6 Rock Left foot to Left side, recover onto Right foot
7&8 Cross Left foot behind Right foot, step Right foot ¼ turn to Right side, step Left foot forward [9.00]

Section 4: Right Forward Rock, Coaster Step, Left Forward Rock, ¼ Coaster turn.

1-2 Rock forward on right foot, recover onto left foot
3&4 Step back on right foot, step left foot beside right, step forward right foot
5 - 6 Rock forward on left foot, recover onto right foot.
7&8 Turning ¼ left step back on left foot, step right foot beside left, step forward left. [6.00]

Repeat

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