

Shine My Shoes

COPPERKNOB
BY STEPHEN

拍數: 0 牆數: 2 級數: Phrased Intermediate / Advanced
編舞者: Jo Kinser (UK), John Kinser (UK), Ruben Luna (USA) & Sobrielo Philip Gene
(SG) - April 2014
音樂: Shine My Shoes - Robbie Williams : (iTunes)



Start the dance on the verse 16 counts in (0.08)□

Sequence: □Wall 1: V1-64, C1-60, Tag 1. / Wall 2: V1-64, C1-64. / Wall 3: V1-24, Tag 2, followed by C1-60. / Ending 1-26.□

Verse: 1-32 Repeats Twice total 64 counts

[1-8]□Walk Fwd, Rock Step, Behind-Sweep, Back Rock

1,4 Walk fwd Rt 1), Lt 2), Rock Rt fwd 3), Recover on Lt 4)
5,8 Step Rt Behind Lt 5) Starting to sweep Lt from front to back 6), Rock Lt behind Rt 7), Recover on Rt 8)

[9-16]□Step, Hold, Cross, Back, 1/4, 1/4, 1/2, Cross

1,4 Step Lt fwd diagonal Lt 1), Hold (10:30) 2), Step Rt over Lt 3), Step Lt back 4)
5,6 Make 1/4 turn Rt stepping Rt to Rt (3:00), Make 1/4 turn Rt stepping Lt to Lt (6:00)
7,8 Make 1/2 turn Rt stepping Rt to Rt (12:00), Step Lt over Rt

Easy Option: 5-8 Step Rt to Rt 5), Cross Lt over Rt with a slight dip snapping Rt finger and looking Lt 6), Repeat 7,8

[17-24]□Side Drag, Back Rock, Hip Prep, Full Turn

1,4 Step Rt a large step Rt 1), Drag Lt towards Rt 2), Rock Lt behind Rt 3), Recover on Rt 4)
5,6 Step Lt to Lt pushing hips Lt, Step Rt to Rt "Prep Step"
7,8 Make 1/2 turn Rt stepping Lt back (6:00), Make 1/2 turn Rt stepping Rt fwd (12:00)

TAG 2 happens here: Instrumental Section. 3rd wall facing (12:00). Restart the dance from the beginning of the Chorus.

TAG 2:

1-4 Lt Toe Strut, Rt Kick-Ball-Step.

[25-32]□Toe Strut Fwd X2, Rock Step, Shuffle 1/2 Turn

1,4 Step Lt toe fwd 1), Drop Lt heel snapping Rt fingers 2), Repeat 3,4
5,6 Rock Lt fwd, Recover weight Rt
7&8 Make 1/2 turn Lt stepping Lt fwd (6:00), Step Rt next to Lt, Step Lt fwd

Chorus: 1-32 Repeats Twice total of 60 counts, except the 2nd time you do the Chorus, add the last 4 counts on wall 2. See Sequence.

[1-8]□Shuffle 1/2 Turn, Rock Step, X2

1&2 Make 1/4 turn Lt stepping Rt to Rt (9:00), Step Lt next to Rt, Make 1/4 turn Lt stepping Rt back (6:00)
3,4 Rock Lt back, Recover on Rt
5&6 Make 1/4 turn Rt stepping Lt to Lt (9:00), Step Rt next to Lt, Make 1/4 turn Rt stepping Lt back (6:00)
7,8 Rock Rt back, Recover on Lt

[9-16]□Kick & Step X2, Kick & Out, Hey Hey Hey

1-4 Kick Rt diagonally fwd Rt 1), Step Rt next to Lt &), Step Lt fwd 2), Repeat 3&4
5&6 Kick Rt diagonally fwd Lt, Step Rt to Rt, Step Lt to Lt
&7&8 Sway body Roll Rt, Lt, Rt, and on the & count continue swaying Rt bring weight up and over the Rt leg, at the same time the hands will match the body and on the & count they will extend: Rt to Rt palm up, Lt to Lt palm down

[17-24] □ Cross, Back, Shuffle 1/4 Turn, Step 1/4 Turn, Crossing Shuffle

- 1,4 Cross Lt over Rt 1), Step Rt back 2), Step Lt to Lt 3), Step Rt next to Lt &), Make 1/4 turn Lt stepping Lt fwd (9:00) 4)
5,8 Step Rt fwd 5), Make 1/4 turn Lt (weight Lt) (6:00) 6), Step Rt across Lt 7), Step Lt to Lt &), Step Rt across Lt 8)

[25-32] □ Back, Side, Shuffle Fwd, Step 1/2 Turn X2

- 1,4 Step Lt back 1), Step Rt to Rt 2), Step Lt fwd 3), Step Rt next to Lt 7), Step Lt fwd 4)

***Omit counts 5-8 on counts 61-64 every 2nd time you repeat the chorus except on wall 2 you will do the full 64. See sequence.**

- 5,8 Step Rt fwd, Make 1/2 turn Lt stepping Lt fwd (12:00), Step Rt fwd, Make 1/2 turn Lt stepping Lt fwd (6:00)

TAG 1: happens at the End of Wall 1 (12:00): after the first 60 counts of the Chorus.

Toe Strut Jazz Box Cross, Side Strut, Cross Strut, Rock Full Turn Lt

- 1-8 Rt Toe Strut across Lt 1,2), Lt Toe Strut Back 3,4), Side Toe Strut Rt 5,6) Lt Cross Toe Strut over Rt 7,8)
9-12 Side Toe Strut Rt 9,10) Lt Cross Toe Strut over Rt 11,12), Snapping fingers on 2,4,6,8,10,12.
13-16 Rock Rt to Rt, Make 1/4 turn Lt stepping Lt fwd (9:00), Make 1/2 turn Lt stepping Rt back (3:00), Make 1/4 turn Lt stepping Lt to Lt (12:00).

[1-26] □ ENDING:

- 1-8 Slow Walks Fwd: Rt hold, Lt hold, Rt hold, Lt hold (12:00)
9-16 Make 1/4 turn Rt (3:00) Slow Walks Fwd: Rt hold, Lt hold, Rt hold, Lt hold
17-24 Make 1/4 turn Rt (6:00) Slow Walks Fwd: Rt hold, Lt hold, Rt hold, Lt hold
25-26 Step Rt fwd, Turn your head over your Lt shoulder to 12:00. (You should finish on the word face).

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