

Chasing Shadows

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jo Kinser (UK) & John Kinser (UK) - April 2014
音樂: Chasing Shadows - Shakira : (iTunes)



Start the dance on the vocals (0:18)

[1-8] □ Press Sweep, Behind and Cross, Side Rock, Crossing Shuffle

1,2 Rock Rt fwd, Replace weight Lt sweeping Rt from front to back
3&4 Step Rt behind Lt, Step Lt to Lt, Step Rt across Lt
5,6 Rock Lt to Lt, Replace weight Rt
7&8 Step Lt across Rt, Step Rt to Rt, Step Lt across Rt

[9-16] □ 1/4, 1/2, 1/4 Scissor Cross, 1/4, 1/2, Shuffle Fwd

1,2 Make 1/4 turn Lt stepping Rt back (9:00), Make 1/2 turn Lt stepping Lt fwd (3:00)
3&4 Make 1/4 turn Lt stepping Rt to Rt (12:00), Step Lt next to Rt, Step Rt across Lt
5,6 Make 1/4 turn Rt stepping Lt back (3:00), Make 1/2 turn Rt stepping Rt fwd (9:00)
7&8 Step Lt fwd, Step Rt next to Lt, Step Lt fwd

[17-24] □ And Tap Step, Coaster Step, Rock Step, Coaster Step

&1,2 Step Rt fwd, Tap Lt foot behind Rt, Step Lt in place
3&4 Step Rt back, Step Lt next to Rt, Step Rt fwd
5,6 Rock Lt fwd, Replace weight Rt
7&8 Step Lt back, Step Rt next to Lt, Step Lt fwd

***Note counts 5-8, Both hands come up on counts 5,6, and circle out and down on counts 7&8.**

[25-32] □ Rock Step, Shuffle 1/2, Full Turn, 1/4 Rock & Fwd

1,2 Rock Rt fwd, Replace weight Lt
3&4 Make 1/2 turn Rt stepping Rt fwd (3:00), Step Lt next to Rt, Step Rt fwd
***Note counts 1-4, Right hand only comes up on counts 1,2, and circle out and down on counts 3&4.**
5,6 Make 1/2 turn Rt stepping Lt back (9:00), Make 1/2 turn Rt stepping Rt fwd (3:00)
7&8 Make 1/4 turn Rt rocking Lt to Lt (6:00), Replace weight Rt, Step Lt fwd

Restart Here on wall 3 facing (6:00).

[33-40] □ Rock Step, Sweep, Sweep, Sailor 1/2 Turn, 1/2 Shuffle Back

1,2 Rock Rt fwd, Replace weight Lt
3,4 Sweep Rt from front to back stepping Rt behind Lt, Sweep Lt from front to back stepping Lt behind Rt
5&6 Make 1/2 turn Rt stepping Rt behind Lt (9:00), Step Lt in place, Step Rt fwd (12:00)
7&8 Make 1/2 turn Rt stepping Lt back (6:00), Step Rt next to Lt, Step Lt back

[41-48] □ Diagonal Shuffle Rt, Shuffle Lt, Rock & Back, 3/8th Shuffle Lt

1&2 Make 1/8th turn Rt (7.30) stepping Rt fwd, Step Lt next to Rt, Step Rt fwd
3&4 Step Lt fwd, Step Rt next to Lt, Step Lt fwd
5&6 Rock Rt fwd, Replace weight Lt, Step Rt back
7&8 Make 3/8th turn Lt stepping Lt fwd (3:00), Step Rt next to Lt, Step Lt fwd

[49-56] □ Rock Step, Coaster Step, Rock Step, Triple 3/4 Turn

1,2 Rock Rt fwd, Replace weight Lt
3&4 Step Rt back, Step Lt next to Rt, Step Rt fwd (option: Triple Full Turn Rt)
5,6 Rock Lt fwd, Replace weight Rt
7&8 Make 1/2 turn Lt stepping Lt fwd (9:00), Step Rt next to Lt, Make 1/4 turn Lt stepping Lt fwd (6:00)

[57-64] □ Rock Step, Coaster Step, Rock Step, Triple Full Turn

1,2 Rock Rt fwd, Replace weight Lt

3&4 Step Rt back, Step Lt next to Rt, Step Rt fwd

5,6 Rock Lt fwd, Replace weight Rt

7&8 Make 1/2 turn Lt stepping Lt fwd (12:00), Make 1/2 turn Lt stepping Rt next to Lt (6:00), Step Lt fwd

Restart: □ On Wall 3 Restart the dance again after 32 counts facing (6:00).

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