

Make You Stronger....

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
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音樂: Stronger - Mandisa



Intro: 16 counts

SIDE, BEHIND, SIDE, CROSS, HITCH, BEHIND, ¼ TURN L STEP, STEP, STEP LOCK STEP, ¼ TURN L

1 R long step to right side and drag L
2 & 3 Cross L behind R, step R to right, cross L over R (R hitch diagonal forward)
4 & 5 R step back, ¼ turn left step L forward, step R forward
6 & 7 Step L forward, lock R behind L, step L forward
8 & step R forward, ¼ turn left

CROSS ROCK, SIDE ROCK, BEHIND, SIDE, CROSS, ¼ CHASSE TURN L, ¼ TURN L, ¼ TURN L

1 & 2 &□ Cross R over L, recover on L, rock R side, recover on L
3 & 4 Cross R behind L, step L to left, cross R over L
5 & 6 Step L to left, step R beside L, ¼ turn left stepping forward on L
7 & 8 & Step R forward, ¼ turn left, step R forward ¼ turn left

STEP, ROCK STEP, BACK (SWEEP), SHUFFLE BACK(SWEEP), ROCK BACK, STEP, STEP LOCK

1 Step R forward
2 & 3 Rock L forward, recover on R, step L back(sweep R behind L)
4 & 5 Step R back, step L beside R, step R back (sweep L behind R)
6 & 7 Rock L back, recover on R, step L forward
8 & Step R forward, lock L behind R

STEP, ROCK STEP ¼ TURN L, SIDE, CROSS, SIDE, BEHIND (SWEEP), SAILOR STEP ¼ TURN L, ½ TURN L

1 Step R forward
2 & 3 Rock L forward, recover on R, ¼ turn left step L to left
4 & 5 Cross R over L, step L to left, cross R behind L (sweep L behind R)
6 & 7 Cross L behind R, step R to right, ¼ turn left step L forward
8 & Step R forward, ½ turn left

Restart : During 2nd, 4th, 8th wall (After 16 counts)

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