

# Medicine

COPPER KNOB  
BY STEPHENETS

拍數: 88      牆數: 2      級數: Intermediate  
編舞者: Judith Campbell (NZ) - April 2014  
音樂: Medicine (feat. Blake Shelton) - Shakira : (Album : Shakira - Deluxe Version - iTunes)



Intro: 32 counts – 17 seconds in.

## [1 – 8] □ FWD COASTER – 2 WALKS BACK – BACK COASTER – 2 WALKS FWD

1&2 3 4      Step R fwd, step L next to R, step back on R, 2 walks back LR  
5&6 7 8      Step L back, step R next to L, step fwd on L, 2 walks fwd RL

## [9 – 16] HALF MONTEREY – R STEP LOCK – SHUFFLE

1 2 3 4      Touch R to side, turning 1/2 to R closing R next to L, touch L to L side, close L next to R (6:00)  
5 6 7&8      Step R fwd diag R, lock L behind R, step R fwd, step L next to R, step fwd on R (shuffle) (7:00)

## [17 – 24] L STEP LOCK – SHUFFLE – STEP HALF PIVOT – SHUFFLE FWD

1 2 3&4      Step L fwd diag L, lock R behind L, step L fwd, step R next to L, step fwd on L (shuffle) (5:00)  
5 6 7&8      Step R fwd (straightening up to front), 1/2 pivot to L, shuffle R ft fwd (RLR) (12:00)

## [25 – 32] □ KICK BALL CHANGE – 2 WALKS FWD – KICK B/CHANGE – STEP TAP

1&2 3 4      Kick L fwd, ball change LR, 2 walks fwd LR,  
5&6 7 8      Kick L fwd, ball change LR, step fwd onto L, tap R next to L \*

## [33 – 40] □ SIDE BALL CHANGE – JAZZ BOX – FULL ROLL TO L – SIDE SHUFFLE

&1 2      Step R to R side on ball (&), step L in place, step R across L,  
3 4 5 6      Step bk on L, step R to R, (weight on R), full turn to the L - 1/2, 1/2, (LR)  
7&8      Side shuffle to L, LRL

## [41 – 48] □ MODIFIED ROCKING CHAIR – SIDE TOE SWITCHES (touches) – HITCH TAP

1 2 3 4      Step fwd on R, recover onto L, step bk on R, recover onto L  
styling: As you do the rocking chair, turn the body to the LS on fwd rock/rec, then turn body to RS as you rock bk recover – straighten up on recover (4) - (Clicking fingers)  
5&6&7      Touch/tap R to R side, step R to L(&), touch L to LS, step L to R (&), touch R to RS,  
&8      Hitch R knee up close to L leg (&), touch R out to RS again.

## [49 – 56] □ R SAILOR – TAP BEHIND HALF TURN – STEP HALF PIVOT – SHUFFLE FWD

1&2 3 4      Step R behind L, step L to LS, step R in place. Tap L ft behind R, 1/2 turn L (weight onto L) (6:00)  
5 6 7&8      Step fwd on R ft, 1/2 pivot to L, shuffle fwd RLR (12:00)

## [57 – 64] □ 2 DOROTHY'S – STEP – 3 WALKS TURNING 3/4 TO THE L -

1 2&      Step L to L corner, lock R behind L, step L next to R (&), (10:00)  
3 4&      Step R to R corner, lock L behind R, step R next to L (&), (2:00)  
5 6 7 8      3 walks around 3/4 to the L (LRL), tap R next to L □ (3:00)

## [65 – 72] □ ROCKING CHAIR – SIDE ROCK RECOVER – STEP – SIDE ROCK RECOVER

1 2 3 4      Step/Rock fwd on R, recover bk on L, step/rock R bk, recover fwd onto L ft.  
5 6& 7 8      Step/rock R to R side, recover onto L ft, step R next to L (&), step/rock L to L, recover onto R

## [73 – 80] □ STEP – ROCKING CHAIR – SIDE ROCK /REC – STEP – SIDE ROCK /REC

&1 2 3 4 Step L next to R (&), step/rock fwd on R, recover bk on L, step/rock R bk, recover fwd onto L ft.  
5 6& 7 8 Step/rock R to R side, recover onto L ft, step R next to L (&), step/rock L to L, recover onto R

**[81 – 88] □ STEP – STEP FWD PADDLE TURN – STEP HALF PIVOT – STEP TAP, STEP TAP**

&1 2 Step L next to R (&), step R fwd 1/4 turn L (paddle), (12:00)  
3 4 Step fwd on R 1/2 pivot to L □ (6:00)  
5 6 7 8 Step R to R side, tap L next to R, step L to LS, tap R next to L.

**[88] □ □ START DANCE IN NEW DIRECTION – ENJOY !!**

**ONE RESTART:\* On WALL 2 - Dance the first 32 counts then Restart at beginning of dance again.**

(This is just to keep the phrasing right for the chorus & Medicine lyrics)

**FINISH: At the end of dance you will be doing the 3 walks just stop at (12:00) instead of facing (9:00). Shakira sings MEDICINE so just do the first rock fwd, recover back facing front.**

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