

Timber

拍數: 64 牆數: 4 級數: Improver
編舞者: Judith Campbell (NZ) - February 2014
音樂: Timber (feat. Kesha) - Pitbull : (iTunes)



Intro: 16 Counts

[1 – 8] □ ROCKING CHAIR – JUMP FWD OUT OUT – CLAP – JUMP BK OUT OUT – CLAP

1 2 3 4 Rock fwd on R, rock back on L, rock bk onto R , rock fwd on L
&5 6 Jump both feet fwd out to sides RL, CLAP (6)
&7 8 Jump both feet back out to sides RL, CLAP (8)

[9 – 16] R SIDE ROCK RECOVER – SHUFFLE ACROSS

1 2 3&4 Rock/Step R to R side, recover onto L, shuffle R ft across L (RLR)

[13 – 16] L SIDE ROCK RECOVER TURNING 1/4 R – SHUFFLE FWD

5 6 7&8 Rock/step L to L side, turning 1/4 R recover onto R, – Shuffle fwd (LRL) (3:00)

[17 – 24] CHARLSTON STEP (Twice)

1 2 3 4 Step fwd on R, touch L ft fwd on toe, step back on L, touch R ft back on toe
5 6 7 8 Step fwd on R, touch L ft fwd on toe, step back on L, touch R ft back on toe

[25 – 32] PADDLE TURN 1/4 L – SHUFFLE ACROSS – STEP TAP & TAP & TAP

1 2 3&4 Step fwd on R, turn 1/4 to L, Shuffle R across L (RLR) (12:00)
5 6 &7 Step L to L side, tap R next to L, step R to R side (&), tap L next to R,
&8 Step L to L (&), tap R next to L (weight on L ft)

[33 – 40] CROSS ROCK RECOVER – TRIPLE STEP (RLR) – CROSS ROCK RECOVER – TRIPLE STEP turning 1/4 to L, (LRL) □□

1 2 3&4 Cross/step R over L, recover bk onto L, triple step on spot (RLR)
5 6 7&8 Cross /step L over R, recover bk onto R, triple step turning 1/4 to L (LRL) (9:00)

[41 – 48] HEEL DIG FWD – STEP R DOWN IN PLACE (4 times RLRL moving fwd)

1 2 3 4 Place R heel (dig/tap) fwd (1), lift heel off floor and step it down in place (2) repeat on L ft
5 6 7 8 Repeat again on R then L ft (heel step, heel step)

[49 - 56] CROSS ROCK RECOVER – TRIPLE STEP (RLR) – CROSS ROCK RECOVER – TRIPLE STEP turning 1/4 to L, (LRL)

1 2 3&4 Cross/step R over L, recover bk onto L, triple step on spot (RLR)
5 6 7&8 Cross /step L over R, recover bk onto R, triple step turning 1/4 to L (LRL) (6:00)

[57 - 64] HEEL DIG FWD – STEP R DOWN IN PLACE (Twice RL moving fwd) – STEP FWD 1/2 PIVOT – STEP FWD 1/4 PIVOT

1 2 3 4 Place R heel (dig/tap) fwd (1), lift heel off floor and step it down in place (2) repeat on L ft
5 6 7 8 Step fwd on R, 1/2 pivot turn to L, step fwd on R 1/4 pivot to L (9:00)
64 Start dance in new direction,

Ending: You will be at back wall (6:00) – as you do the step tap facing the back, counts 5 6 (29 30) do the 2 quick ones turning L to finish facing the front - counts &7&8 (31 32)

Harder Option: If you wish to do the TRIPLES on the spot counts 3&4 TURNING a Full turn R do so.

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