

Nothing But Dust

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4
編舞者: Rachel Parsons - April 2014
音樂: Dust - Eli Young Band

級數: Improver / Intermediate



No Tags No Restarts

SIDE SHUFFLE, ROCK WITH 1/4 TURN, SHUFFLE FWD, ROCK

- 1&2 Side shuffle right (R,L,R) (12 o'clock)
- 3-4 Rock back on left with 1/4 turn to the Left, Recover Right (9 o'clock)
- 5&6 Shuffle forward (L,R,L)
- 7-8 Rock forward on right, Recover left (9 o'clock)

1+1/2 TURN, COASTER FWD, COASTER BACK

- 1-4 Step back on right with 1/2 turn right, Step forward on left with 1/2 turn right, Step back on right with 1/2 turn right, Step left beside right. (weight is on the left) (3 o'clock)
- 5&6 Step forward right, Close left beside right, Step back on right
- 7&8 Step back left, Close right beside left, Step forward on left.

WALK, WALK, SWAY HIPS RIGHT, LEFT, RIGHT BOX STEP WITH 1/2 TURN RIGHT.

- 1-2 Walk forward right, Walk forward left
- 3-4 Touch right together and sway hip right, Sway hip to the left
- 5-8 Cross Right over left, Pivot 1/2 turn stepping back on left, Step forward right, Step together left. (9 o'clock)

RIGHT HEEL, LEFT HEEL, RIGHT HEEL-HOOK-HEEL, LEFT HEEL, RIGHT HEEL, LEFT HEEL-HOOK-STEP

- 1&2& Touch right heel forward, step right together, Touch left heel forward, step left together
- 3&4& Touch right heel forward, Hook right heel to knee, Touch right heel forward, step right together
- 5&6& Touch left heel forward, Step left together, Touch right heel forward, Step right together
- 7&8 Touch left heel forward, Hook left heel to knee, Step down on left. (ending with weight on Left foot)

REPEAT

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