

Funky Donkey

拍數: 32 牆數: 4 級數: Improver
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音樂: Donkey - Jerrod Niemann



[1-8]: WALK, WALK, FIRE HYDRANT TURN, WALK, WALK, MULE KICK, HALF TURN HITCH

- 1-2 Step forward on the right foot. Step forward on the left foot.
3-4 Hitch the right knee turning a quarter turn to the left. Hitch the right knee turning a quarter turn to the left. (option: paddle turn)
5-6 Step forward on the right foot. Step forward on the left foot.
7-8 Kick the right foot back (like a mule). Turn a half turn to the right hitching the right knee up.
(option: touch right back, make a half turn to the right keeping weight on left)

[9-16]: TRIPLE FORWARD, WALKING KNEE POPS, ROCK, RECOVER, SAILOR QUARTER TURN

- 1&2 Step forward on the right foot, Step the left foot next to the right, Step forward on the left foot.
3&4 Step forward on the ball of the left foot popping the knee out and in. Step forward on the ball of the right foot popping the knee out and in.
5-6 Rock forward on the left foot. Recover onto the right foot.
7&8 Turn a quarter turn to the left stepping the left foot behind the right, Step the right foot to the side, Step the left foot in place.

(Restart here on the 4th rotation)

[17-24]: HEEL SWITCH, STEP, STEP, HIP SHIMMY, VAUDEVILLE RIGHT

- 1&2 Touch the right heel forward, Step the right foot next to the left, Step forward at an angle on the left foot.
3&4 Step the right foot next to the left, Shimmy the hips up and down in a counter clockwise motion twice.
(option: Sway hips left-right-left)
5-6 Step the right foot to the side. Step the left foot behind the right.
&7&8 Step the right foot to the side, Touch the left heel forward at an angle, Step the left foot next to the right, Step the right foot across the left.

[25-32]: VAUDEVILLE LEFT, STEP QUARTER TURN ROLL, STEP QUARTER TURN ROLL.

- 1-2 Step the left foot to the side. Step the right foot behind the left.
&3&4 Step the left foot to the side, Touch the right heel forward at an angle, Step the right foot next to the left, Step the left foot across the right.
5-6 Step forward on the right foot. Turn a quarter turn to the left rolling the hips in a counter clockwise motion.
7-8 Step forward on the right foot. Turn a quarter turn to the left rolling the hips in a counter clockwise motion.

START AGAIN

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