

Who Needs Mexico ?

COPPER **KNOB**
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Kathryn Sloan (AUS) & Kelvin Dale (AUS) - April 2014
音樂: Easy - Sheryl Crow : (Album: Feels like home - 4:05)



16 counts in with weight on right. 1 restart - Moves in a clockwise direction. 116 BPM

[1 – 8] Step, rock & cross, ¼, triple 1 ¼, step, rock, replace (6 o'clock)

1,2&3,4 Step L forward, step/rock R to right side, replace weight to L (&), cross/step R over L, turning 90° right step back on L
5&6,7,8& Step R back 180°, turning 180° right step L back (&), turning 90° right step R to side, step L forward, rock/step R to right side, replace weight to L (&)

[9 – 16] Cross, ¼, ¼, cross, step, rock & cross, step, mambo ¼ * (3 o'clock)

1,2&3,4 Cross/step R over L, turning 90° right step L back, turning 90° right step R to right side(&), cross/step L in front of R, step R forward
5&6,7,8& Rock/step L to left side, replace weight to R (&), step L forward, step R forward, rock / step forward on L, replace weight to R (&)

[17 – 24] □ Side, cross shuffle, ¼, triple 1 ¼ step, mambo forward (9 o'clock)

1,2&3,4 Turning 90° left step L to left side, cross L over R, step L to left side (&), cross L over R, turning 90° right step back on L
5&6,7,8& Turning 180° right step R fwd, turning 180° right step L back (&), turning 90° right step R to side, step L forward, rock/step R forward, replace weight to L (&)

[25 – 32] Step back, mambo back, step, skate, skate together skate, step, rock, replace half (3 o'clock)

1,2&3,4 Step R back, rock/step L back, replace weight to R (&), step L forward, slide/skate R forward at 45° right
5&6,7,8& Slide/skate L forward at 45° left, slide/skate R beside L (&), slide/skate L forward at 45° left, step R forward, rock forward on L, replace weight to R commencing a turn 180° left (&)

REPEAT

Restart: On wall three dance the first 16 counts* and restart

Note: Further on in the dance there sounds like there may be other restarts– keep dancing though these and the dance comes back into phrasing

Version:1

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