

We'll Be Okay!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: David Sickles (USA) - April 2014
音樂: Be Okay (Glee Cast Version) - Glee Cast



Alt. music: Spring Break Up by Luke Bryan

HEEL BALL STEP, WALK, SHUFFLE, ½ TURN RIGHT

1&2& Touch right heel forward, step right back, touch left toe next to right, Step left back
3, 4, Step right forward, step left forward,
5&6 Step right foot forward, step left next to right, step right forward
7, 8 Step left forward, turn ½ right step right forward

SIDE ROCKS, SHUFFLE LEFT WITH ROCK BACK, RECOVER

1, 2, 3, 4, Step left to left, recover to right, Step left to left, recover right
5&6, 7,8 Step left to left, step right next to left, step left to left, rock right behind left, recover left

RIGHT KICK BALL CHANGE, RIGHT KICK STEP TOUCH, SAILOR ¼ TURN LEFT, HEEL, STOMP TWIC

1&2 Kick right foot forward, step ball of right next to left, step on left
3&4 Kick right foot forward, step right next to left, point left toe to left
5&6 Step left to left turning ¼ left, step right to right, step left to left
7&8 Tap right heel forward, stomp right next to left twice(no weight)

SHUFFLE FORWARD (R,L,R), ROCK FORWARD, TURN ½ TURN LEFT TWICE, COASTER

1&2 Step forward on right, step left next to right, step forward on right,
3,4 Rock forward on left, step back on right
5,6 Turn ½ turn left stepping forward on left, turn ½ turn left stepping back on right
7&8 Step back on left, step back on right, step forward on left

REPEAT!

Contact: linerdave@msn.com