Happy Superstar



編舞者: Judy Rodgers (USA) - April 2014 音樂: Superstar - The Overtones : (iTunes)



Alternate music: Happy by Pharrell Williams; available Amazon.com

16 count intro - No Tags !!

Toe Strut, toe strut, kick step, kick step

1-4 Touch R toe fwd, step down R, touch L toe fwd, step down L

5-8 Kick R, step, kick L, step (make sure feet are shoulder length apart after kick steps)

Heel in, heel out (X 2), side rock, recover, touch, hold

1-4 Turn R heel in, step R heel back home, turn L heel in, step L heel back home

5-8 Rock R to side, recover L, touch R toe beside L, hold (clap)

Vine right ¼ turn, scuff, step, tap, step, kick

1-4 Step R to right, step L behind R, turn 1/4 right step R fwd, scuff L [3:00]

5-8 Step L fwd, tap R toe behind L, step R back, kick L fwd (or hold)

Step back, sweep, back, sweep, coaster step, hold

Step L back, sweep R from front to back, step R back, sweep L from front to back
Step L back, step R beside L, step L fwd, hold (coaster step is straight count)

Step, lock, step, step, lock, step, stomp, hold

1-3 Step R fwd, step lock L behind R, step R fwd4-6 Step L fwd, step lock R behind L, step L fwd

7-8 Stomp R fwd, hold

Rock, recover, back, back, twist, twist, twist (turn 1/4), sweep (or hold)

1-4 Rock L fwd, recover R, step L back, step R back

5-8 Twist heels left, right, left turn ¼ right (weight on L), sweep [6:00]

Behind, side, cross, kick, step back, touch back, step, hitch turn 3/8

1-4 Step R behind L, step L to side, cross R over L, kick L to left diagonal

5-8 Step L back, touch R back, step R forward, hitch L around R 3/8 turn right [9:00]

Cross, side rock, recover, cross, turn 1/4 step, turn 1/4 step, step, hold

1-4 Cross L over R, rock R to side, recover L, cross R over L

5-8 Turn ¼ right step L back, turn ¼ right step R to side, step L fwd, hold [3:00]

There are 2 Restarts:

Wall 3 starts at 6:00 – dance the first 48 counts and Restart at 12:00 Wall 6 starts at 6:00 – dance the first 40 counts and Restart at 9:00

***NOTE: If using Happy by Pharrell Williams, there is a very quick intro....4 counts (count 5,6,7,8 immediately – dance starts on 5th hard downbeat)

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^{**} Restart here on wall 6 ('stomp up' with no weight to be able to restart on R)

^{**} Restart here on wall 3 (hold instead of sweep for restart wall)