

Not so Ordinary!

拍數: 32 牆數: 2 級數: Intermediate NC
編舞者: Niels Poulsen (DK) - February 2014
音樂: Me and You - Kenny Chesney : (iTunes)



Intro: 12 count intro (9 secs. into track). Start with weight on R foot
2 easy Tags: 1 easy Tag twice. Just sway L and R (1 – 2).
First time, after wall 3, facing 6:00.
The 2nd time is after wall 6, facing 12:00.

2 easy Restarts:

1st time on wall 4, after 28 counts, facing 1:30.

2nd time, on wall 7, facing 7:30. Each time you square up to face your home wall.

NOTE!: When the music slows down at the end of wall 7 (counts 26-28&) you slow down your steps too. Do up to counts 4& (the rock step), then hold for 1 count and do your last restart lunging L.

Sequence: Intro, 32, 32, 32, 2, 28, 32, 32, 2, 28, 1, 13.

Ending: On your last wall (wall 8 which starts facing the back wall) the music slows down after your first 8 counts.

When doing your sweep on count 3 of your second section just square up to face 12:00 finishing the dance with your back rock on count 5. Ta daah! ...

[1 – 8] Lunge L, 1 ¼ triple R fwd sweep, weave sweep, behind side cross hitch L into diag, run back L R

1 Lunge L to L side (1) 12:00

2&3 Turn ¼ R stepping fwd on R (2), turn ½ R stepping back on L (&), turn ½ R stepping fwd on R and sweeping L fwd (3) 3:00

4&5 Cross L over R (4), step R to R side (&), cross L behind R sweeping R to R side (5) 3:00

6&7 Cross R behind L (6), step L to L side (&), cross R over L stepping into the L diagonal and hitching L knee slightly (7) 1:30

8& Step back on L (8), step back on R (&) 1:30

[9 – 17] ¼ L sway, sway, ¼ L sweep, R jazz box into R back rock, rock R fwd, run around 7/8 turn R

1 – 3 Turn ¼ L stepping L to L side and swaying upper-body L (1), sway to R side (2), turn ¼ L stepping onto L foot and sweeping R foot fwd (3) 7:30

4&5 – 6 Cross R over L (4), step back on L (&), rock back on R (5), recover fwd on L (6) 7:30

7& Rock fwd on R (7), recover back on L (&) 7:30

8&1 Turn ½ R stepping fwd on R (8), step L slightly fwd turning 1/8 R (&), turn ¼ R stepping fwd on R and sweeping L fwd (1)

Note: try to make the 3 turns smooth and in a circle pattern 6:00

[18 – 25] Weave 1/8 L, back side 1/8 L, cross rock, & cross rock side, cross side with ¼ R sweep

2&3 Cross L over R (2), step R to R side (&), turn 1/8 L stepping back on L (3) 4:30

4&5 – 6 Step back on R (4), turn 1/8 L stepping L to L side (&), cross rock R over L (5), recover back on L (6) 3:00

&7&8 Step R to R side (&), cross rock L over R (7), recover back on R (&), step L to L side (8) 3:00

&1 Cross R over L (&), turn ¼ R stepping back on L sweeping R to R side (1) 6:00

[26 – 32] 1/8 R into R coaster, L rock fwd, 1/8 L into L side rock, L back rock, side behind

2&3 Turn 1/8 R stepping back on R (2), step L next to R (&), step fwd on R (3) 7:30

4& Rock fwd on L (4), recover back on R (&) 7:30

5 – 6 Turn 1/8 L rocking L to L side (5), recover on R (6) 6:00

7&8& Rock back on L (7), recover fwd on R (&), step L to L side (8), cross R behind L (&) 6:00

START AGAIN

ENJOY! And... SING ALONG!!!!..... It's such a great sing-a-long track...

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